

Individual Best Times (All Time)

Lucy Jessop - (799016) - Brentwood SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.98	27.20	600	10/02/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190009	1
100 Freestyle	1:02.00	1:00.60	580	17/02/18	Essex Age Group Championships 2018	Basildon	ER180157	1
200 Freestyle	2:21.59	2:19.10	506	21/01/18	Essex Age Group Championships 2018	Basildon	ER180154	1
50 Breaststroke	35.79	34.90	540	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Breaststroke	1:19.41	1:17.80	526	18/02/18	Essex Age Group Championships 2018	Basildon	ER180157	1
200 Breaststroke	2:51.76	2:48.70	513	22/01/17	Essex Age Group Championships 2017	Basildon	ER170022	1
50 Butterfly	31.57	31.00	463	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
50 Backstroke	33.89	33.30	497	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Backstroke	1:16.41	1:15.30	422	23/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Backstroke	2:56.89	2:55.00	337	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Individual Medley	2:35.07	2:32.50	537	18/02/18	Essex Age Group Championships 2018	Basildon	ER180157	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.41	28.20	585	18/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
100 Freestyle	1:00.90	1:02.30	561	16/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
200 Freestyle	2:20.55	2:23.00	483	27/11/16	Braintree & Bocking SC Christmas Cracker Meet	Braintree	ER161704	3
400 Freestyle	5:23.74	5:28.10	364	30/11/13	Thurrock County Qualfier	Thurrock	ER3291	3
50 Breaststroke	35.23	36.10	522	30/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
100 Breaststroke	1:16.97	1:18.60	531	18/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
200 Breaststroke	2:49.96	2:53.00	496	16/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
50 Butterfly	30.92	31.50	490	17/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
50 Backstroke	32.60	33.20	464	25/03/18	Colchester St Patricks Day Open Meet	Colchester	ER180508	3
100 Backstroke	1:12.51	1:13.60	433	03/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
200 Backstroke	2:39.74	2:41.80	412	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
200 Individual Medley	2:30.38	2:33.00	532	19/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
100 Individual Medley	1:09.90	1:09.90	528	29/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2