

Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.83	25.00	530	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Freestyle	57.45	56.00	542	07/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
200 Freestyle	2:04.15	2:01.30	554	27/01/19	Surrey Age Group Championships 2019	Surrey	LR190269	1
400 Freestyle	4:22.44	4:17.00	589	27/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
50 Breaststroke	40.52	39.70	262	28/02/15	Surrey Age Group Championships	Crystal Palace	CC150303	1
50 Butterfly	27.63	26.90	523	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Butterfly	1:02.72	1:01.50	490	10/02/19	Surrey Age Group Championships 2019	London	LR190270	1
50 Backstroke	28.49	27.80	564	02/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Backstroke	1:01.37	1:00.10	594	03/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Backstroke	2:14.02	2:11.50	582	04/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Individual Medley	2:24.32	2:21.60	492	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1
400 Individual Medley	4:58.91	4:53.00	533	11/02/17	Surrey Age Group Championships	Guildford	LR170177	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.37	26.20	501	09/12/18	S&C Santa's Splash and Dash	Westcroft	LR181244	4
100 Freestyle	54.75	56.30	549	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
200 Freestyle	1:59.74	2:02.60	571	14/07/18	S&C Summer Time Splash	Westcroft LC	LR181081	4
400 Freestyle	4:15.04	4:20.50	576	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
800 Freestyle	10:39.92	10:48.90	332	10/11/13	Sutton & Cheam Club Championships	Kingswood	LR3853	4
1500 Freestyle	18:47.62	19:05.80	423	16/11/14	Sutton & Cheam Club Championships	Ingswood	LR14041	4
50 Breaststroke	35.42	36.30	349	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
50 Butterfly	27.31	28.00	505	06/10/18	Sutton and Cheam Club Championships	Westcroft LC	LR181083	4
100 Butterfly	1:00.00	1:01.20	504	07/10/18	Sutton and Cheam Club Championships	Westcroft LC	LR181083	4
50 Backstroke	28.40	29.10	471	14/07/18	S&C Summer Time Splash	Westcroft LC	LR181081	4
100 Backstroke	1:00.77	1:02.10	503	11/11/17	NASLS - ROUND TWO	HIGH WYCOMBE	SE172510	3
200 Backstroke	2:11.59	2:14.10	517	16/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
200 Individual Medley	2:22.26	2:25.00	457	16/10/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161834	4
400 Individual Medley	5:02.88	5:08.60	465	13/11/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161835	4
100 Individual Medley	1:10.02	1:10.00	348	09/07/16	Sutton & Cheam Summertime Splash	Carshalton	LR161124	3