

Individual Best Times (All Time)

Cameron White - (797455) - Flitwick Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.42	36.90	174	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	EM2254	4
100 Freestyle	1:21.31	1:20.30	191	15/04/12	Radford SC 30th Open Meet	Sheffield	EM2132	1
200 Freestyle	2:29.65	2:27.30	316	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
400 Freestyle	5:19.67	5:15.20	326	22/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
1500 Freestyle	22:42.44	22:27.20	261	02/03/13	Bedfordshire County Championships	Luton	CC3023	1
50 Breaststroke	59.40	58.90	83	10/07/10	Co Coventry Graham Sykes	Coventry	WM0203	3
100 Breaststroke	1:50.47	1:49.30	136	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
200 Breaststroke	3:49.35	3:47.00	163	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
50 Backstroke	35.83	35.30	283	21/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
100 Backstroke	1:25.90	1:25.00	216	15/04/12	Radford SC 30th Open Meet	Sheffield	EM2132	1
200 Backstroke	2:43.42	2:41.40	321	30/01/16	Bedfordshire Age Group & County Champs	Luton	ER160101	1
200 Individual Medley	3:19.53	3:17.50	186	15/04/12	Radford SC 30th Open Meet	Sheffield	EM2132	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.11	31.80	272	06/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
100 Freestyle	1:07.81	1:09.00	289	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood	ER150795	3
200 Freestyle	2:22.01	2:24.40	342	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood	ER150795	3
400 Freestyle	5:04.74	5:09.30	337	19/03/16	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER160141	3
1500 Freestyle	22:16.51	22:31.90	254	22/12/13	City of Peterborough Winter Open Meet	Peterborough	ER3876	3
50 Breaststroke	49.29	49.90	129	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	ER4051	3
100 Breaststroke	1:44.18	1:45.40	149	01/12/13	Newmarket & District 3rd Sprint Open Meet	Newmarket	ER3270	3
200 Breaststroke	3:34.66	3:37.10	175	03/03/13	Bedfordshire County Championships	Luton	CC3022	2
50 Butterfly	43.01	43.50	129	12/05/12	Mid Beds Open Meet	Biggleswade	SE2156	2
200 Butterfly	3:32.26	3:33.70	127	18/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2705	4
50 Backstroke	35.00	35.60	252	05/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
100 Backstroke	1:14.98	1:16.00	267	06/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
200 Backstroke	2:38.17	2:40.30	297	05/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
200 Individual Medley	2:49.62	2:51.90	269	03/01/16	Modernians Last Chance Meet	Bedford	ER160312	4
400 Individual Medley	6:43.34	6:47.70	197	13/05/12	Mid Beds Open Meet	Biggleswade	SE2156	2
100 Individual Medley	1:28.87	1:28.90	170	11/01/14	Linslade Crusaders Last Chance Open Meet	Bletchley	ER4093	3