

Individual Best Times (All Time)

Katie Tompkins - (797453) - Flitwick Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.23	30.60	432	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
100 Freestyle	1:10.72	1:09.50	390	30/01/16	Bedfordshire Age Group & County Champs	Luton	ER160101	1
200 Freestyle	2:39.30	2:37.10	355	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3
400 Freestyle	5:31.84	5:27.60	356	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
50 Breaststroke	43.69	43.00	297	07/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
100 Breaststroke	1:37.43	1:36.10	285	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	ER150028	3
50 Butterfly	41.16	40.70	209	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	ER150028	3
100 Butterfly	1:22.40	1:21.50	305	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
50 Backstroke	39.16	38.60	322	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
200 Individual Medley	2:54.97	2:52.70	374	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.74	31.40	415	08/05/16	Windsor Spring Level 3 Meet	Windsor	SE160877	3
100 Freestyle	1:07.79	1:09.00	407	26/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	ER161823	3
200 Freestyle	2:25.56	2:27.90	435	26/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	ER161823	3
400 Freestyle	5:11.20	5:15.70	410	07/04/17	COPS Last Chance Regional Qualifier 2017	Peterborough	ER170327	3
800 Freestyle	11:00.12	11:08.80	378	24/09/16	Flitwick Dolphins Club Championships 2016	Biggleswade	ER161596	4
50 Breaststroke	40.85	41.60	334	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	ER170456	2
100 Breaststroke	1:29.12	1:30.50	342	06/05/17	Windsor Spring Level 3	Maidenhead	SE170946	3
200 Breaststroke	3:10.79	3:13.50	350	19/06/16	Biggleswade 17th Open Meet	Biggleswade	ER160949	3
50 Butterfly	34.51	35.10	352	27/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	ER161823	3
100 Butterfly	1:19.29	1:20.20	316	18/09/16	Flitwick Dolphins Club Championships 2016	Flitwick	ER161595	4
200 Butterfly	3:03.39	3:05.10	277	20/11/16	Flitwick Dolphins Club Championships 2016	Flitwick	ER161597	4
50 Backstroke	36.35	36.90	335	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	ER170456	2
100 Backstroke	1:22.50	1:23.50	294	16/09/17	Flitwick Dolphins Club Championships 2017	Flitwick	ER171440	4
200 Individual Medley	2:49.61	2:51.90	370	30/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	ER161067	3
400 Individual Medley	5:54.88	5:59.80	388	19/11/16	Flitwick Dolphins Club Championships 2016	Flitwick	ER161597	4
100 Individual Medley	1:19.39	1:19.40	360	29/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	ER161067	3