

# Individual Best Times (All Time)

Cerys Toner - Furlong - (797061) - Northgate Bridgnorth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.41	30.70	424	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
100 Freestyle	1:07.33	1:06.10	452	16/01/16	City of Coventry January Meet	Coventry	WM160245	3
200 Freestyle	2:24.32	2:21.90	478	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM152306	4
400 Freestyle	5:05.80	5:01.20	456	11/05/13	City of Manchester AST The Manchester Open	Manchester	NW3080	1
50 Breaststroke	42.85	42.10	315	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
100 Breaststroke	1:31.89	1:30.50	339	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
50 Butterfly	32.68	32.10	417	11/07/15	City of Manchester AST Summer Non Qualifier Meet	Manchester	NW150537	3
100 Butterfly	1:12.00	1:10.90	457	11/07/15	City of Manchester AST Summer Non Qualifier Meet	Manchester	NW150537	3
50 Backstroke	36.99	36.40	382	11/07/15	City of Manchester AST Summer Non Qualifier Meet	Manchester	NW150537	3
100 Backstroke	1:18.84	1:17.80	384	11/07/15	City of Manchester AST Summer Non Qualifier Meet	Manchester	NW150537	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.64	31.30	419	27/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14299	4
100 Freestyle	1:05.40	1:06.70	453	17/10/15	Shrewsbury Autumn Meet 2015	Wolverhampton	WM151038	3
200 Freestyle	2:18.27	2:20.80	507	23/11/14	P B Buster Gala	Wolverhampton	WM4723	3
400 Freestyle	4:53.06	4:57.80	491	20/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14294	4
800 Freestyle	10:05.58	10:15.10	489	23/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14297	4
50 Breaststroke	41.08	41.80	329	23/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
100 Breaststroke	1:28.12	1:29.50	354	20/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14294	4
200 Breaststroke	3:18.53	3:21.20	311	29/09/13	Northgate SC Club Championships	Bridgnorth	WM3617	4
50 Butterfly	32.56	33.10	419	28/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14301	4
100 Butterfly	1:11.44	1:12.50	433	27/09/15	Northgate Annual Championships	Much Wenlock	WM151840	4
200 Butterfly	2:44.98	2:46.90	381	27/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14300	4
50 Backstroke	36.08	36.60	342	20/04/14	City of Birmingham 21st Open Meet	Birmingham	WM4131	3
100 Backstroke	1:14.71	1:15.80	396	19/07/14	Wolverhampton SC Open Meet	Wolverhampton	WM4773	3
200 Backstroke	2:40.87	2:42.90	404	26/09/15	Northgate SC Annual Championships	Much Wenlock	WM151838	4
200 Individual Medley	2:39.45	2:41.90	446	21/09/15	Northgate Annual Championships	Bridgnorth	WM151834	4
400 Individual Medley	5:39.06	5:44.20	445	25/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14298	4
100 Individual Medley	1:16.00	1:16.00	411	27/09/14	Northgate SC Bridgnorth Annual Championships	Much Wenlock	WM14300	4