

# Individual Best Times (All Time)

Becky Loft - (795570) - Preston Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.32	28.60	522	20/12/14	CO Manchester Aquatics Manchester Snowpen	Manchester	NW4452	1
100 Freestyle	1:02.13	1:00.80	576	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
200 Freestyle	2:11.27	2:08.60	635	10/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
400 Freestyle	4:34.21	4:29.00	632	09/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
800 Freestyle	9:26.48	9:16.20	626	06/02/15	Derwentio Excel February Festival	Sheffield	EM150033	1
50 Backstroke	35.96	35.40	416	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Backstroke	1:14.23	1:13.10	460	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Backstroke	2:36.79	2:34.60	484	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Individual Medley	2:36.33	2:33.80	525	10/05/14	City of Manchester Aquatics Open Meet	Manchester	NW4425	1
400 Individual Medley	5:54.43	5:49.40	422	17/03/13	Lancashire County Championships	Liverpool	CC3062	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.29	29.00	532	17/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	NW192346	2
100 Freestyle	1:00.35	1:01.70	577	17/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	NW192346	2
200 Freestyle	2:10.76	2:13.40	600	07/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
400 Freestyle	4:30.18	4:35.30	627	24/10/15	Manchester International Meet 2015	Manchester	NW151667	2
800 Freestyle	9:05.99	9:16.50	668	18/12/15	ASA Winter Meet	Sheffield	ASA146	2
50 Breaststroke	49.08	49.70	193	17/09/11	Rotherham Metro A & B Grade Gala	Sheffield	NE1162	3
100 Breaststroke	1:33.94	1:35.30	292	06/10/12	Central Lancs SA Warburton Age Groups	Salford	NW2310	3
50 Butterfly	33.48	34.00	386	07/12/13	Preston Christmas Countdown 2013	Blackburn	NW3331	3
100 Butterfly	1:16.20	1:17.20	356	19/09/15	Trafford Borough Early Bird Sprint Meet	Stretford	NW151660	3
200 Butterfly	2:40.86	2:42.80	411	28/11/15	Wigan B.E.S.T SC Future Stars Open Meet	Wigan	NW150862	2
50 Backstroke	36.69	37.20	325	15/07/12	Biddulph ASC 11th Open Meet	Biddulph	WM2474	3
100 Backstroke	1:14.63	1:15.70	397	18/11/12	Stafford Apex Licensed Meet	Stafford	WM2489	2
200 Backstroke	2:37.06	2:39.20	434	15/07/12	Biddulph ASC 11th Open Meet	Biddulph	WM2474	3
200 Individual Medley	2:32.62	2:35.20	509	15/11/14	Wigan BEST Future Stars Open Meet	Wigan	NW4377	2
400 Individual Medley	5:39.54	5:44.70	443	18/11/12	Stafford Apex Licensed Meet	Stafford	WM2489	2
100 Individual Medley	1:15.79	1:15.80	414	07/12/13	Preston Christmas Countdown 2013	Blackburn	NW3331	3