

Individual Best Times (All Time)

Dermot O'Doherty - (792925) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.75	27.00	427	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	1:00.09	58.70	474	23/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Freestyle	2:06.81	2:04.00	520	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
400 Freestyle	4:31.11	4:25.90	534	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
1500 Freestyle	17:55.37	17:36.00	531	07/02/16	Essex Age Group Championships 2016	Basildon	ER160004	1
50 Butterfly	30.25	29.60	399	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Butterfly	1:08.94	1:07.80	369	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
50 Backstroke	31.66	31.00	411	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:06.79	1:05.60	461	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Backstroke	2:22.82	2:20.50	481	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Individual Medley	2:26.15	2:23.40	474	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.42	28.20	397	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
100 Freestyle	58.51	59.90	450	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
200 Freestyle	2:03.86	2:06.60	516	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
400 Freestyle	4:25.06	4:30.30	513	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
1500 Freestyle	17:25.56	17:45.10	531	05/12/15	Basildon & Phoenix 1500 & 800 County Qualifier	Basildon	ER150958	3
50 Breaststroke	38.86	39.70	264	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
100 Breaststroke	1:25.97	1:27.40	265	05/12/14	Basildon & Phoenix Club Championships	Basildon	ER4972	4
200 Breaststroke	3:42.10	3:44.50	158	23/04/11	Borough of Redbridge Regional Sprint Meet	Ilford	LR1013	3
50 Butterfly	31.20	31.80	338	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
100 Butterfly	1:09.53	1:10.60	324	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
200 Butterfly	3:47.71	3:49.10	103	04/12/10	Canvey Island Winter Open	Canvey Island	ER0346	3
50 Backstroke	31.67	32.30	340	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
100 Backstroke	1:06.43	1:07.60	385	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
200 Backstroke	2:17.20	2:19.60	456	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
200 Individual Medley	2:30.51	2:33.10	386	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
100 Individual Medley	1:10.77	1:10.80	337	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2