

Individual Best Times (All Time)

Alexandra Johnson - (791893) - Epping Forest Dist SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.82	40.30	190	13/09/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151113	4
100 Freestyle	1:31.02	1:31.90	168	22/11/15	Epping Forest District Club Championships	Loughton	ER151120	4
200 Freestyle	3:12.89	3:14.70	187	18/09/16	Epping Forest District Season Opener 2016	Loughton	ER161459	3
400 Freestyle	6:58.59	7:01.90	168	11/09/16	Epping Forest Club Championships	Loughton	ER161336	4
50 Breaststroke	58.27	58.80	115	03/07/16	Epping Forest SC Three Trees Gala	Loughton	ER161534	4
100 Breaststroke	1:59.54	2:00.60	141	22/11/15	Epping Forest District Club Championships	Loughton	ER151120	4
200 Breaststroke	4:10.60	4:12.70	154	29/11/15	Epping Forest District SC	Loughton	ER151117	4
50 Butterfly	1:00.61	1:00.90	65	12/06/16	Epping Forest Club Championships	Loughton	ER161332	4
50 Backstroke	46.45	46.90	160	03/07/16	Epping Forest SC Three Trees Gala	Loughton	ER161534	4
100 Backstroke	1:36.10	1:36.90	186	18/09/16	Epping Forest District Season Opener 2016	Loughton	ER161459	3
200 Backstroke	3:41.57	3:43.10	154	18/10/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151115	4
100 Individual Medley	1:49.73	1:49.70	136	18/10/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151115	4