

Individual Best Times (All Time)

Orla Keaveney - (791775) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.73	28.00	554	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
100 Freestyle	1:02.55	1:01.20	564	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
200 Freestyle	2:15.58	2:13.00	576	14/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
400 Freestyle	4:50.70	4:45.80	530	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
800 Freestyle	9:57.58	9:47.80	533	27/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
1500 Freestyle	18:39.23	18:20.60	556	21/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Breaststroke	38.00	37.20	451	30/06/18	Bishops Stortford Long Course Open Meet	Luton	ER180172	3
100 Breaststroke	1:29.97	1:28.60	362	22/07/16	IAG Championships & Summer Open 2016	Dublin	GBR381	1
200 Breaststroke	3:00.24	2:57.30	444	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
50 Butterfly	31.25	30.60	477	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
100 Butterfly	1:10.52	1:09.40	486	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
200 Butterfly	2:26.42	2:24.20	575	20/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Backstroke	33.90	33.30	497	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
100 Backstroke	1:16.20	1:15.10	425	31/03/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1
200 Backstroke	2:45.48	2:43.50	412	22/07/16	IAG Championships & Summer Open 2016	Dublin	GBR381	1
200 Individual Medley	2:29.38	2:26.70	601	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
400 Individual Medley	5:15.39	5:09.80	599	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.19	28.90	538	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
100 Freestyle	1:01.59	1:02.90	543	16/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
200 Freestyle	2:13.15	2:15.70	568	15/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
400 Freestyle	4:38.93	4:43.90	570	25/02/23	Cambridge University S&WPC Varsity Swimming Match	Cambridge	ER230465	3
800 Freestyle	9:46.51	9:56.30	539	29/09/18	Modernian Golden Eagle Meet	Bletchley	ER180719	2
1500 Freestyle	19:04.09	19:22.00	500	22/12/18	Modernian Distance Event	Bedford	ER182670	4
50 Breaststroke	37.32	38.20	439	30/09/18	Modernian Golden Eagle Meet	Bletchley	ER180719	2
100 Breaststroke	1:23.38	1:24.90	418	17/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
200 Breaststroke	2:54.19	2:57.20	461	16/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
50 Butterfly	31.72	32.30	454	15/06/19	CMKSC Summer Open Meet Level 3	Bletchley	SE191563	3
100 Butterfly	1:09.11	1:10.20	478	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
200 Butterfly	2:31.00	2:33.10	497	29/09/18	Modernian Golden Eagle Meet	Bletchley	ER180719	2
50 Backstroke	33.28	33.90	436	15/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
100 Backstroke	1:13.60	1:14.70	414	01/10/16	Modernian Golden Eagle Meet	Bletchley	ER160843	2
200 Backstroke	2:34.58	2:36.70	455	17/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
200 Individual Medley	2:28.15	2:30.80	556	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
400 Individual Medley	5:18.81	5:24.30	535	03/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
100 Individual Medley	1:11.23	1:11.20	499	30/09/18	Modernian Golden Eagle Meet	Bletchley	ER180719	2