

Individual Best Times (All Time)

Gemma Owen - (791557) - Bristol North SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.64	30.00	457	16/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1
100 Freestyle	1:06.54	1:05.30	469	15/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1
200 Freestyle	2:27.10	2:24.70	451	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
400 Freestyle	5:12.27	5:07.70	428	03/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
800 Freestyle	10:34.12	10:24.90	446	25/02/17	Devon County Champs & Age Groups 2017 Distance	Plymouth	SW170860	1
1500 Freestyle	20:41.45	20:24.70	407	02/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
50 Breaststroke	1:02.83	1:02.30	99	10/04/10	Avalon Spring Open Meet	Millfield	SW0127	3
50 Butterfly	32.22	31.60	435	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
100 Butterfly	1:15.49	1:14.50	396	15/04/18	Exeter Taunton L1 & L3 April Meet	Millfield	SW180458	1
200 Butterfly	2:51.41	2:49.60	358	14/04/18	Exeter Taunton L1 & L3 April Meet	Millfield	SW180458	1
50 Backstroke	37.17	36.60	377	18/11/17	Plymouth Leander Winter National Qualifier Open	Plymouth	SW171930	1
100 Backstroke	1:21.04	1:20.00	354	01/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
200 Backstroke	2:49.01	2:47.00	386	05/04/14	Frome & Wells 3 Towers Open Meet	Millfield	SW4310	3
200 Individual Medley	2:51.63	2:49.30	396	19/11/17	Plymouth Leander Winter National Qualifier Open	Plymouth	SW171930	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.23	29.90	482	19/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170376	2
100 Freestyle	1:03.93	1:05.20	485	18/12/16	Yeovil Christmas Meet	Millfield	SW162206	3
200 Freestyle	2:19.55	2:22.00	493	16/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170375	2
400 Freestyle	4:55.22	4:59.90	480	13/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180382	2
800 Freestyle	10:09.53	10:18.90	480	12/11/17	Exeter City Distance 2017 (Closed Meet)	Exeter	SW172462	4
50 Breaststroke	42.45	43.20	298	24/09/17	Exeter Sprint Meet	Plymouth	SW171415	3
100 Breaststroke	1:34.47	1:35.80	287	02/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
200 Breaststroke	3:23.63	3:26.20	288	03/11/13	Tiverton SC 7th Tiverton Sparkler Open Meet	Tiverton	SW3710	3
50 Butterfly	31.88	32.50	447	16/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180383	2
100 Butterfly	1:13.03	1:14.10	405	19/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170376	2
200 Butterfly	2:43.75	2:45.70	389	14/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180382	2
50 Backstroke	35.34	35.90	364	18/12/16	Yeovil Christmas Meet	Millfield	SW162206	3
100 Backstroke	1:15.25	1:16.30	388	17/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170375	2
200 Backstroke	2:40.18	2:42.20	409	18/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170376	2
200 Individual Medley	2:43.76	2:46.20	412	14/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170374	2
400 Individual Medley	5:56.17	6:01.10	384	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Individual Medley	1:14.85	1:14.80	430	18/12/16	Yeovil Christmas Meet	Millfield	SW162206	3