

# Individual Best Times (All Time)

Jovana Lugonja - (790791) - Bradford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.88	28.10	546	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Freestyle	1:01.36	1:00.00	598	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
200 Freestyle	2:11.10	2:08.40	637	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
400 Freestyle	4:38.95	4:33.90	600	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
800 Freestyle	10:58.41	10:49.60	399	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
50 Breaststroke	37.95	37.10	453	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Breaststroke	1:22.25	1:20.70	473	07/02/16	Yorkshire County Championships	Leeds	NE160068	1
200 Breaststroke	3:26.16	3:23.60	297	17/12/11	City of Leeds Christmas Cracker	Leeds	NE1330	1
50 Butterfly	30.99	30.40	489	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Butterfly	1:13.06	1:12.00	437	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3
50 Backstroke	33.45	32.80	517	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Backstroke	1:10.60	1:09.50	535	06/02/16	Yorkshire County Championships	Leeds	NE160068	1
200 Backstroke	2:29.84	2:27.60	555	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
200 Individual Medley	2:32.26	2:29.60	568	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	NE160213	3
400 Individual Medley	5:37.95	5:32.70	486	22/02/14	Yorkshire SA County Championships	Leeds	CC4068	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.12	28.90	542	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
100 Freestyle	59.92	1:01.30	589	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Freestyle	2:09.18	2:11.80	622	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
400 Freestyle	4:33.63	4:38.70	603	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
50 Breaststroke	37.56	38.40	430	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
100 Breaststroke	1:20.27	1:21.80	468	11/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Breaststroke	2:56.99	3:00.00	439	11/12/16	City of Bradford 'Super Santa' Meet	Bradford	NE161613	3
50 Butterfly	30.91	31.50	490	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Butterfly	1:09.14	1:10.20	477	10/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Butterfly	2:38.70	2:40.70	428	10/12/16	City of Bradford 'Super Santa' Meet	Bradford	NE161613	3
50 Backstroke	32.75	33.40	458	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Backstroke	1:08.77	1:09.90	508	15/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Backstroke	2:25.90	2:28.20	541	13/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
200 Individual Medley	2:26.81	2:29.50	571	13/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
400 Individual Medley	5:31.30	5:36.60	477	20/04/13	Harrogate SC Spa Town A B Grade Open	Harrogate	NE3046	3
100 Individual Medley	1:11.75	1:11.80	488	21/06/14	Team Jorvik Viking Sprints	Leeds	NE4419	3