

Individual Best Times (All Time)

Kirin Yeung - (789394) - Colchester Phoenix ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.83	29.10	344	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Freestyle	1:05.43	1:04.10	367	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
50 Breaststroke	39.36	38.60	286	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Breaststroke	1:27.54	1:26.10	274	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
50 Butterfly	30.57	29.90	386	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Butterfly	1:10.91	1:09.80	339	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
50 Backstroke	34.97	34.40	305	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Backstroke	1:15.51	1:14.40	319	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
200 Individual Medley	2:39.31	2:36.80	366	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.16	29.90	330	02/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
100 Freestyle	1:03.13	1:04.40	358	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
200 Freestyle	2:28.02	2:30.30	302	12/07/15	City of Cambridge July Open	Cambridge	ER150481	3
400 Freestyle	5:22.91	5:27.20	283	21/10/14	Colchester Club Championships	Colchester	ER14556	4
1500 Freestyle	20:47.35	21:03.80	312	11/12/15	Colchester Club Championships 2015	Colchester	ER151710	4
50 Breaststroke	38.11	38.90	280	02/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
100 Breaststroke	1:23.86	1:25.40	286	07/11/15	Colchester Club Championships 2015	Colchester	ER151708	4
200 Breaststroke	3:02.65	3:05.50	284	17/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
50 Butterfly	30.86	31.50	350	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
100 Butterfly	1:08.76	1:09.90	335	03/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
200 Butterfly	2:55.47	2:57.30	225	19/10/14	Colchester Club Championships	Colchester	ER14556	4
50 Backstroke	34.00	34.60	274	03/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
100 Backstroke	1:10.82	1:11.90	317	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
200 Backstroke	2:47.08	2:49.10	252	19/10/14	Colchester Club Championships	Colchester	ER14556	4
200 Individual Medley	2:32.69	2:35.30	370	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
400 Individual Medley	5:34.98	5:40.20	344	06/11/15	Colchester Club Championships 2015	Colchester	ER151708	4
100 Individual Medley	1:11.56	1:11.60	326	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2