

Individual Best Times (All Time)

Jasmine Seamarks - (788851) - Great Britain Deaf Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.56	28.80	509	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
100 Freestyle	1:04.43	1:03.10	516	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
200 Freestyle	2:23.97	2:21.50	481	02/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
800 Freestyle	10:36.99	10:27.80	440	17/08/15	World Deaf Swimming Championships	San Antonio, Texas	GBR214	1
50 Breaststroke	43.56	42.80	299	07/02/16	UEA City of Norwich Groundhog Meet 2016	Norwich	ER160175	1
100 Breaststroke	1:35.57	1:34.20	302	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3
100 Butterfly	1:24.58	1:23.70	282	13/12/15	National Para Swimming	Manchester	DIS108	1
50 Backstroke	34.09	33.50	489	27/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
100 Backstroke	1:11.57	1:10.40	513	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
200 Backstroke	2:37.84	2:35.70	474	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
200 Individual Medley	2:50.01	2:47.70	408	12/12/15	National Para Swimming	Manchester	DIS108	1
400 Individual Medley	6:05.35	6:00.50	385	17/08/15	World Deaf Swimming Championships	San Antonio, Texas	GBR214	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.92	29.60	498	06/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
100 Freestyle	1:04.28	1:05.60	477	26/11/16	City of Cambridge Club Championships	Cambridge	ER162215	4
200 Freestyle	2:19.48	2:21.90	494	15/10/16	Team Luton Autumn Short Course Meet	Luton	ER160087	3
400 Freestyle	4:59.03	5:03.70	462	30/09/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER160169	2
800 Freestyle	10:09.72	10:19.10	480	03/12/16	BPSC 1500 800 County/Regional Qualifier 2016	Basildon	ER161506	3
50 Breaststroke	41.88	42.60	310	08/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
100 Breaststroke	1:35.25	1:36.60	280	12/07/15	City of Cambridge July Open	Cambridge	ER150481	3
200 Breaststroke	3:27.19	3:29.70	273	16/11/14	Cambridgeshire ASA Development Champs	Peterborough	ER14208	3
50 Butterfly	34.10	34.70	365	08/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
100 Butterfly	1:21.74	1:22.70	289	05/06/16	Cambridgeshire County Development Champs	Whittlesey	ER161203	3
200 Butterfly	2:58.11	2:59.90	302	13/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	ER160007	3
50 Backstroke	32.90	33.50	452	19/03/16	GB Deaf Swimming Club Championships	Nottingham	EM160633	4
100 Backstroke	1:09.79	1:10.90	486	10/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
200 Backstroke	2:31.62	2:33.80	482	09/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
200 Individual Medley	2:44.73	2:47.10	404	20/11/16	City of Cambridge Club Championships	Cambridge	ER162213	4
400 Individual Medley	5:52.15	5:57.10	397	05/06/16	Cambridgeshire County Development Champs	Whittlesey	ER161203	3
100 Individual Medley	1:15.52	1:15.50	418	19/12/15	Basildon & Phoenix Last Chance County Qualifier	Basildon	ER150908	3