

Individual Best Times (All Time)

James Reilly - (788783) - Larkhall Avondale ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.69	25.90	480	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
100 Freestyle	57.29	55.80	547	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
200 Freestyle	2:04.43	2:01.60	550	26/05/18	2018 Glasgow International Swim Meet	Glasgow	SCO1471	1
400 Freestyle	4:29.75	4:24.50	542	30/06/17	Scottish National Open Championships	Aberdeen	SCO1320	1
1500 Freestyle	18:51.93	18:33.60	455	08/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
50 Breaststroke	34.43	33.50	428	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
100 Breaststroke	1:17.52	1:15.90	395	18/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	SCO1663	1
200 Breaststroke	2:48.72	2:45.60	411	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
50 Butterfly	28.17	27.50	494	18/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	SCO1663	1
100 Butterfly	1:01.67	1:00.40	515	01/07/18	Scottish National Open Championships	Tollcross	SCO1495	1
200 Butterfly	2:17.30	2:15.00	519	25/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
50 Backstroke	31.70	31.10	410	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
100 Backstroke	1:14.04	1:12.90	338	05/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO1139	2
200 Backstroke	2:52.00	2:50.00	275	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
200 Individual Medley	2:30.90	2:28.30	431	04/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
400 Individual Medley	5:30.19	5:24.80	396	09/05/15	SASA West District Championships	East Kilbride	SCO975	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.90	26.70	471	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Freestyle	55.69	57.20	521	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	NW182014	2
200 Freestyle	2:01.03	2:03.90	553	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
400 Freestyle	4:20.15	4:25.50	543	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	NW182014	2
800 Freestyle	9:36.61	9:46.50	454	12/03/16	North Ayrshire 200 Meet	Auchenharvie	SCO1097	2
1500 Freestyle	17:48.69	18:07.80	497	01/11/15	SASA West District SAG Championships	Grangemouth	SCO1035	1
50 Breaststroke	33.70	34.60	405	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Breaststroke	1:12.57	1:14.30	442	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Breaststroke	2:42.58	2:45.80	403	11/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
50 Butterfly	27.97	28.60	470	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Butterfly	1:00.59	1:01.80	490	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
200 Butterfly	2:13.66	2:16.00	510	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
50 Backstroke	30.21	30.90	392	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Backstroke	1:06.80	1:08.00	378	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Backstroke	2:26.88	2:29.10	371	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Individual Medley	2:28.46	2:31.10	402	25/04/15	South Ayrshire Open Meet	South Ayrshire	SCO968	2
400 Individual Medley	5:17.43	5:22.90	404	12/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
100 Individual Medley	1:05.31	1:05.30	429	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1