

Individual Best Times (All Time)

Katie Choi - (788732) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.98	33.40	335	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	EM4355	1
100 Freestyle	1:11.22	1:10.00	382	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Freestyle	2:39.14	2:36.90	356	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Breaststroke	39.48	38.70	402	02/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
100 Breaststroke	1:25.52	1:24.00	421	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
200 Breaststroke	3:03.80	3:00.90	419	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
50 Butterfly	47.33	46.90	137	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	NE3173	3
50 Backstroke	41.18	40.70	277	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
100 Backstroke	1:25.08	1:24.10	305	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Backstroke	3:03.66	3:01.80	301	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Individual Medley	2:56.34	2:54.10	365	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.32	31.00	432	02/07/16	Lincoln Vulcans Club Championships	Grantham	EM160568	3
100 Freestyle	1:05.60	1:06.90	449	02/07/16	Lincoln Vulcans Club Championships	Grantham	EM160568	3
200 Freestyle	2:21.88	2:24.30	469	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
400 Freestyle	5:06.30	5:10.90	430	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
50 Breaststroke	37.96	38.80	417	19/11/16	Boston Club 12th Open Meet	Grantham	EM161367	3
100 Breaststroke	1:20.31	1:21.90	468	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Breaststroke	2:52.76	2:55.80	472	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
50 Butterfly	34.23	34.80	361	26/11/16	Lincoln Vulcans Squad Sprints	Yarborough	EM160570	4
100 Butterfly	1:44.45	1:45.20	138	03/05/14	South Lincs CSC Tulip Open Meet	Spalding	EM4073	3
50 Backstroke	37.18	37.70	313	09/04/16	Lincoln Vulcans Squad Sprints	Yarborough	EM160569	4
100 Backstroke	1:19.88	1:20.90	324	07/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Backstroke	2:49.62	2:51.60	344	11/07/15	Lincoln Vulcans Annual Club Championships	Grantham	EM150587	4
200 Individual Medley	2:44.58	2:47.00	405	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
100 Individual Medley	1:17.95	1:18.00	381	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2