

# Individual Best Times (All Time)

Jake Bentley - (788204) - Mount Kelly Swimming

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.14	25.30	511	11/03/17	Edinburgh International Meet 2017	Edinburgh	SCO1260	1
100 Freestyle	56.86	55.40	559	28/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
200 Freestyle	2:03.94	2:01.10	557	14/06/14	ASA South West Region AG Championships	Bristol	SWR405	1
400 Freestyle	4:26.33	4:21.00	564	15/06/14	ASA South West Region AG Championships	Bristol	SWR405	1
1500 Freestyle	18:14.44	17:55.40	504	08/02/14	Devon County ASA Long Distance Champs	Plymouth	CC4027	1
50 Butterfly	27.97	27.30	504	10/03/17	Edinburgh International Meet 2017	Edinburgh	SCO1260	1
100 Butterfly	1:02.83	1:01.60	487	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
200 Butterfly	2:36.96	2:34.90	347	12/05/13	Millfield Last Chance Meet	Millfield	SW3254	1
50 Backstroke	29.22	28.50	523	30/04/16	ASA SWR Summer Championships	Plymouth	SW160535	1
100 Backstroke	1:03.44	1:02.20	538	02/05/16	ASA SWR Summer Championships	Plymouth	SW160535	1
200 Backstroke	2:15.76	2:13.30	560	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
200 Individual Medley	2:16.50	2:13.60	582	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
400 Individual Medley	4:54.36	4:48.30	559	14/06/14	ASA South West Region AG Championships	Bristol	SWR405	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.14	26.00	515	05/11/16	ASA SWR Winter Championships	Millfield	SW162268	2
100 Freestyle	55.28	56.80	533	10/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
200 Freestyle	2:00.88	2:03.70	555	05/10/14	The City of Plymouth ASA Annual Swim Meet 2014	Plymouth	SW14221	3
400 Freestyle	4:21.79	4:27.10	532	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
800 Freestyle	10:39.56	10:48.50	333	18/11/11	Redhill & Reigate Club Championships	Redhill	SE1663	4
1500 Freestyle	20:41.21	20:57.70	317	02/12/11	Redhill & Reigate Club Championships	Redhill	SE1663	4
50 Breaststroke	35.35	36.20	351	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
100 Breaststroke	1:11.18	1:12.90	468	19/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170376	2
200 Breaststroke	2:46.38	2:49.50	376	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
50 Butterfly	27.30	28.00	505	11/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
100 Butterfly	1:01.09	1:02.30	478	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
200 Butterfly	2:23.74	2:25.90	410	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
50 Backstroke	28.55	29.20	464	14/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170374	2
100 Backstroke	59.97	1:01.30	523	11/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
200 Backstroke	2:10.84	2:13.40	526	19/01/17	Devon County Championships & Age Groups 2017	Plymouth	SW170376	2
200 Individual Medley	2:12.79	2:15.70	562	10/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
400 Individual Medley	4:49.01	4:55.00	536	04/10/15	Exeter City October Meet 2015	Plymouth	SW150472	2
100 Individual Medley	1:02.00	1:02.00	502	06/11/16	ASA SWR Winter Championships	Millfield	SW162268	2