

Individual Best Times (All Time)

Alexander Goff - (787738) - Great Yarmouth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.47	26.70	441	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	ER4037	3
100 Freestyle	1:01.89	1:00.50	434	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	ER4037	3
200 Freestyle	2:18.40	2:15.90	400	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	ER4037	3
50 Butterfly	30.25	29.60	399	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	ER4037	3
100 Butterfly	1:10.92	1:09.80	338	03/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	ER3634	1
200 Individual Medley	2:43.60	2:41.20	338	02/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	ER3634	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.42	27.20	444	17/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
100 Freestyle	57.65	59.10	470	08/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Freestyle	2:13.63	2:16.20	411	19/01/14	Teamipswich January Last Chance Meet	Ipswich	ER4112	3
400 Freestyle	4:50.09	4:54.90	391	22/02/14	Norfolk County Champs & AG Comp	Wymondham	CC4107	2
50 Butterfly	28.96	29.60	423	18/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
100 Butterfly	1:05.66	1:06.80	385	18/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
200 Butterfly	2:52.01	2:53.80	239	28/10/12	Diss Otters Open Meet	Diss	ER2722	3
50 Backstroke	34.05	34.60	273	13/01/13	Teamipswich SC January Open Meet	Ipswich	ER3125	3
200 Individual Medley	2:40.09	2:42.50	321	12/01/13	Teamipswich SC January Open Meet	Ipswich	ER3125	3
100 Individual Medley	1:11.41	1:11.40	328	01/03/14	Norfolk County Champs & AG Comp	Thetford	CC4108	2