

Individual Best Times (All Time)

Zander Grant - (787549) - Milngavie & Bearsden

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.35	27.60	401	10/05/15	SASA West District Championships	East Kilbride	SCO975	1
100 Freestyle	1:08.32	1:07.10	322	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
100 Butterfly	1:18.37	1:17.40	251	10/05/15	SASA West District Championships	East Kilbride	SCO975	1
200 Butterfly	3:03.42	3:01.70	217	07/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
50 Backstroke	33.58	33.00	344	10/05/15	SASA West District Championships	East Kilbride	SCO975	1
100 Backstroke	1:20.84	1:19.80	260	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	SCO696	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.80	27.60	425	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
100 Freestyle	1:01.20	1:02.60	393	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
200 Freestyle	2:16.69	2:19.20	384	17/05/15	Swim West Lothian IM Tough 2015	West Lothian	SCO990	2
400 Freestyle	5:00.36	5:05.00	352	29/03/15	Falkirk Extended Mini Meet	Grangemouth	SCO961	2
50 Breaststroke	50.15	50.80	123	09/06/13	Dumfries Open Meet	Dumfries	SCO738	2
50 Butterfly	30.63	31.20	358	29/08/15	SASA West District SR Championships	Ayr	SCO1012	1
100 Butterfly	1:11.02	1:12.10	304	29/03/15	Falkirk Extended Mini Meet	Grangemouth	SCO961	2
50 Backstroke	32.48	33.10	315	30/08/15	SASA West District SR Championships	Ayr	SCO1012	1
100 Backstroke	1:13.64	1:14.70	282	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
200 Backstroke	2:47.60	2:49.60	250	21/09/14	Stirling Autumn Meet	Stirling	SCO898	2
200 Individual Medley	3:23.91	3:25.80	155	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	SCO630	2
100 Individual Medley	1:21.40	1:21.40	221	22/03/14	Glenrothes Spring Meet 2014	Glenrothes	SCO853	2