

# Individual Best Times (All Time)

Joseph Suggitt - (785802) - Sutton & Cheam SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.01	32.40	254	26/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Freestyle	1:12.42	1:11.30	270	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE170371	1
200 Freestyle	2:31.59	2:29.30	304	10/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
400 Freestyle	5:15.91	5:11.40	338	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1
1500 Freestyle	20:54.70	20:38.10	334	24/02/18	Surrey Age Group Championships 2018	Surrey	LR180305	1
50 Breaststroke	53.96	53.40	111	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
200 Breaststroke	3:56.02	3:53.80	150	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
50 Butterfly	36.68	36.20	223	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
50 Backstroke	37.07	36.50	256	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:17.95	1:16.90	290	10/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
200 Backstroke	2:44.26	2:42.20	316	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
200 Individual Medley	2:53.37	2:51.10	284	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1
400 Individual Medley	6:04.61	5:59.80	294	10/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.99	33.60	228	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
100 Freestyle	1:10.94	1:12.10	252	05/02/17	Surrey Age Group Championships	Guildford	LR170176	2
200 Freestyle	2:30.55	2:32.80	287	17/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
400 Freestyle	5:25.30	5:29.60	277	26/11/16	Bexley Short Course Meet	Bexleyheath	LR160462	3
800 Freestyle	11:42.69	11:50.90	251	15/11/15	Sutton & Cheam SC 2015 Club Championships	Kingswood	LR151795	4
1500 Freestyle	20:21.29	20:38.10	333	24/11/17	Sutton & Cheam Club Championships Gala 4	Carshalton	LR172038	4
50 Breaststroke	46.43	47.10	155	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
100 Breaststroke	1:41.01	1:42.30	163	03/12/17	Woking December Dasher Meet 2017	Woking	SE172274	3
200 Breaststroke	3:36.73	3:39.20	170	05/06/16	Surrey Summer Development Meet	Guildford	LR160901	3
50 Butterfly	37.75	38.30	191	03/12/17	Woking December Dasher Meet 2017	Woking	SE172274	3
50 Backstroke	36.55	37.10	221	12/11/17	Sutton & Cheam Club Championships	Carshalton	LR171340	4
100 Backstroke	1:16.90	1:17.90	248	04/02/17	Surrey Age Group Championships	Guildford	LR170176	2
200 Backstroke	2:41.70	2:43.80	278	24/03/18	Guildford City L3 Regional Qualifier	Guildford	SE180149	3
200 Individual Medley	2:53.78	2:56.00	251	17/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
400 Individual Medley	6:05.54	6:10.30	265	13/11/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161835	4
100 Individual Medley	1:22.19	1:22.20	215	03/12/17	Woking December Dasher Meet 2017	Woking	SE172274	3