

Individual Best Times (All Time)

Katie Simmons - (785595) - Bedale Sharks ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:12.91	1:11.80	356	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3
100 Butterfly	1:34.11	1:33.30	204	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3
100 Backstroke	1:27.18	1:26.30	284	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3
200 Individual Medley	3:08.78	3:06.70	298	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.20	32.80	361	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
100 Freestyle	1:12.74	1:13.90	329	04/10/15	Darlington ASC Dander October Meet	Billingham	NE151991	3
200 Freestyle	2:42.06	2:44.20	315	08/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	NE4012	3
50 Breaststroke	44.89	45.60	252	12/10/14	Darlington Danders October Meet	Darlington	NE4496	3
100 Breaststroke	1:34.41	1:35.70	288	12/10/14	Darlington Danders October Meet	Darlington	NE4496	3
50 Butterfly	35.78	36.30	316	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
100 Butterfly	1:28.58	1:29.40	227	12/10/14	Darlington Danders October Meet	Darlington	NE4496	3
50 Backstroke	37.31	37.80	309	04/10/15	Darlington ASC Dander October Meet	Billingham	NE151991	3
100 Backstroke	1:27.02	1:27.90	250	14/12/13	Middlesborough ASC Junior Christmas Gala	Middlesborough	NE3315	3
200 Backstroke	3:11.17	3:12.90	240	09/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	NE4012	3
200 Individual Medley	3:01.13	3:03.30	304	13/12/14	Middlesbrough Xmas Gala	Middlesbrough	NE14678	3
400 Individual Medley	6:26.46	6:31.00	300	13/12/14	Middlesbrough Xmas Gala	Middlesbrough	NE14678	3
100 Individual Medley	1:21.51	1:21.50	333	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3