

Individual Best Times (All Time)

Adam Melia - (784966) - Loughborough Town SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.55	33.90	221	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Freestyle	3:00.04	2:58.10	181	10/03/12	Leicestershire County Championships	Loughborough	CC2064	1
50 Breaststroke	41.55	40.80	243	01/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
100 Breaststroke	1:32.00	1:30.60	236	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Breaststroke	3:41.32	3:38.90	182	25/02/12	Leicestershire County Championships	Loughborough	CC2062	1
50 Backstroke	39.05	38.50	219	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Backstroke	3:14.05	3:12.30	191	26/02/12	Leicestershire County Championships	Loughborough	CC2062	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.96	29.70	337	24/09/16	Loughborough Town Annual Gala	Loughborough	EM162199	4
100 Freestyle	1:05.23	1:06.50	324	07/05/16	Loughborough Town SC Sprint Gala 2016	Loughborough	EM161018	4
200 Freestyle	2:34.65	2:36.90	265	25/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14439	4
400 Freestyle	5:38.34	5:42.50	246	27/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14440	4
1500 Freestyle	23:46.25	24:00.70	209	21/09/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
50 Breaststroke	36.53	37.40	318	26/09/15	Loughborough Town SC Club Championships	Loughborough	EM152053	4
100 Breaststroke	1:18.12	1:19.70	354	07/05/16	Loughborough Town SC Sprint Gala 2016	Loughborough	EM161018	4
200 Breaststroke	2:54.06	2:57.10	328	12/09/15	Loughborough Town Club Championships	Loughborough	EM152051	4
50 Butterfly	31.29	31.90	335	15/09/16	Loughborough Town Annual Gala	Loughborough	EM162198	4
100 Butterfly	1:11.73	1:12.80	295	24/09/16	Loughborough Town Annual Gala	Loughborough	EM162199	4
50 Backstroke	34.13	34.70	271	12/09/15	Loughborough Town Club Championships	Loughborough	EM152051	4
100 Backstroke	1:10.10	1:11.20	327	07/05/16	Loughborough Town SC Sprint Gala 2016	Loughborough	EM161018	4
200 Backstroke	2:51.01	2:53.00	235	27/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14440	4
200 Individual Medley	2:37.81	2:40.30	335	08/10/15	Loughborough Town Club Championships	Loughborough	EM152054	4
400 Individual Medley	5:48.34	5:53.40	306	15/09/16	Loughborough Town Annual Gala	Loughborough	EM162198	4
100 Individual Medley	1:12.02	1:12.00	320	07/05/16	Loughborough Town SC Sprint Gala 2016	Loughborough	EM161018	4