

Individual Best Times (All Time)

Ffion Evans - (783905) - Denbighshire Development Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.77	29.10	498	10/05/14	City of Manchester Aquatics Open Meet	Manchester	NW4425	1
100 Freestyle	1:04.43	1:03.10	516	04/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1
200 Freestyle	2:26.21	2:23.80	459	06/10/13	The Robin Hood Open Meet 2013	Sheffield	EM3375	1
50 Butterfly	32.38	31.80	429	05/10/13	The Robin Hood Open Meet 2013	Sheffield	EM3375	1
100 Butterfly	1:17.13	1:16.10	372	06/10/13	The Robin Hood Open Meet 2013	Sheffield	EM3375	1
50 Backstroke	35.47	34.90	434	04/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1
100 Backstroke	1:17.02	1:16.00	412	06/10/13	The Robin Hood Open Meet 2013	Sheffield	EM3375	1
200 Individual Medley	2:39.77	2:37.30	491	05/10/13	The Robin Hood Open Meet 2013	Sheffield	EM3375	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.23	29.00	535	16/04/16	Denbighshire Development Swim Team Open Meet	Llandudno	WL160055	3
100 Freestyle	1:02.41	1:03.70	521	27/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Freestyle	2:20.39	2:22.80	485	25/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
400 Freestyle	5:07.23	5:11.80	426	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
50 Breaststroke	38.45	39.30	401	16/04/16	Denbighshire Development Swim Team Open Meet	Llandudno	WL160055	3
100 Breaststroke	1:24.24	1:25.70	405	09/04/17	Denbighshire Open Meet 2017	Llandudno	WL170650	3
50 Butterfly	30.83	31.40	494	16/04/16	Denbighshire Development Swim Team Open Meet	Llandudno	WL160055	3
100 Butterfly	1:11.73	1:12.80	427	02/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
50 Backstroke	33.32	33.90	435	16/04/16	Denbighshire Development Swim Team Open Meet	Llandudno	WL160055	3
100 Backstroke	1:11.83	1:12.90	446	09/04/17	Denbighshire Open Meet 2017	Llandudno	WL170650	3
200 Backstroke	2:39.63	2:41.70	413	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
200 Individual Medley	2:35.20	2:37.70	484	15/10/16	Conwy County Aquatics Autumn Meet	Llandudno	WL161655	2
100 Individual Medley	1:13.82	1:13.80	448	04/07/15	Holywell Summer Sprints	Holywell	WL150892	3