

Individual Best Times (All Time)

Sophie Whittle - (783819) - Tiverton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.24	37.70	235	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
100 Freestyle	1:17.49	1:16.40	297	23/10/11	3 Towers Open Meet	Millfield	SW1411	3
200 Freestyle	2:40.96	2:38.80	344	23/10/11	3 Towers Open Meet	Millfield	SW1411	3
400 Freestyle	5:55.97	5:52.00	289	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
50 Breaststroke	51.52	50.90	181	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
100 Breaststroke	1:47.85	1:46.70	210	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
200 Breaststroke	3:38.49	3:36.10	249	23/10/11	3 Towers Open Meet	Millfield	SW1411	3
50 Butterfly	40.58	40.10	218	22/01/11	Exeter City New Year Long Course Meet	Cardiff	SW1049	1
200 Butterfly	3:39.91	3:38.50	169	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
50 Backstroke	44.16	43.70	225	22/01/11	Exeter City New Year Long Course Meet	Cardiff	SW1049	1
100 Backstroke	1:19.62	1:18.60	373	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1
200 Backstroke	3:00.50	2:58.60	317	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
200 Individual Medley	3:05.50	3:03.40	314	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
400 Individual Medley	6:16.30	6:11.60	352	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.41	35.00	295	01/10/11	Carn Brea Open Meet 2011	Penzance	SW1297	3
100 Freestyle	1:11.83	1:13.00	342	11/03/12	Devon County Championships	Plymouth	CC2028	2
200 Freestyle	2:36.67	2:38.90	349	23/03/12	Devon County Championships	Exeter	CC2029	2
400 Freestyle	5:18.60	5:23.00	382	10/03/12	Devon County Championships	Plymouth	CC2028	2
800 Freestyle	11:19.83	11:28.30	346	18/02/12	Devon County Championships	Tiverton	CC2027	2
50 Breaststroke	46.08	46.80	233	09/07/11	Taunton Deane Summer Open Meet	Weston-Super-Mare	SW1274	3
100 Breaststroke	1:36.78	1:38.10	267	10/03/12	Devon County Championships	Plymouth	CC2028	2
200 Breaststroke	3:22.14	3:24.70	295	04/03/12	Devon County Championships	Plymouth	CC2030	2
50 Butterfly	35.86	36.40	314	01/04/12	Devon County Inter Club Competition	Plymouth	SW2084	2
100 Butterfly	1:19.39	1:20.30	315	18/02/12	Devon County Championships	Tiverton	CC2027	2
200 Butterfly	3:01.28	3:03.00	287	23/03/12	Devon County Championships	Exeter	CC2029	2
50 Backstroke	36.75	37.30	324	01/04/12	Devon County Inter Club Competition	Plymouth	SW2084	2
100 Backstroke	1:14.98	1:16.00	392	12/05/12	Exeter City May Level 2 Meet	Exeter	SW2391	2
200 Backstroke	2:47.56	2:49.50	357	19/02/12	Devon County Championships	Tiverton	CC2027	2
200 Individual Medley	2:51.11	2:53.40	361	24/03/12	Devon County Championships	Exeter	CC2029	2
400 Individual Medley	5:59.28	6:04.10	374	11/03/12	Devon County Championships	Plymouth	CC2028	2
100 Individual Medley	1:21.51	1:21.50	333	19/02/12	Devon County Championships	Tiverton	CC2027	2