

# Individual Best Times (All Time)

Katie Pengilley - (782956) - Alton & District Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.63	29.90	457	08/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
100 Freestyle	1:06.22	1:04.90	476	07/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
200 Freestyle	2:24.79	2:22.40	473	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE170371	1
400 Freestyle	5:03.75	4:59.10	465	21/01/18	Hampshire County Championships 2018	Portsmouth	SE180160	1
800 Freestyle	10:15.63	10:06.20	488	24/03/18	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE180086	1
1500 Freestyle	20:14.73	19:57.60	435	20/01/19	Hampshire County ASA Championships 2019	Portsmouth	SE190342	1
50 Breaststroke	46.99	46.30	238	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
50 Butterfly	33.00	32.40	405	07/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
200 Butterfly	2:53.01	2:51.20	349	09/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
50 Backstroke	36.36	35.80	403	03/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
100 Backstroke	1:18.98	1:18.00	382	03/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
200 Backstroke	2:42.86	2:40.80	432	13/05/18	Swim England South East Championships 2018	Crawley	SE181207	1
200 Individual Medley	2:43.65	2:41.20	457	08/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.06	30.70	443	26/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
100 Freestyle	1:04.32	1:05.60	476	16/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
200 Freestyle	2:17.22	2:19.70	519	16/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
400 Freestyle	4:46.02	4:50.90	528	15/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
800 Freestyle	10:07.99	10:17.40	484	19/11/18	Alton & District Club Championship	Petersfield	SE181291	4
1500 Freestyle	19:21.42	19:39.10	478	10/12/18	Alton & District Club Championship	Petersfield	SE181292	4
50 Breaststroke	41.65	42.40	316	02/11/20	Alton & District SC	Alton Sports Centre	LEX396	0
100 Breaststroke	1:31.92	1:33.30	312	02/06/18	Alton & District Club Championship	Alton	SE181289	4
200 Breaststroke	4:15.52	4:17.60	146	02/11/13	Alton & District Autumn Winter Club Champs	Alton	SE3532	4
50 Butterfly	32.54	33.10	420	21/12/19	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE193346	3
100 Butterfly	1:12.53	1:13.60	413	14/12/19	NASL South Round 3	Waterlooville	SE193326	3
200 Butterfly	2:44.05	2:46.00	387	20/07/19	Fareham Nomads Summer Meet 2019	Waterlooville	SE190111	3
50 Backstroke	33.48	34.10	428	15/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
100 Backstroke	1:11.49	1:12.60	452	16/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
200 Backstroke	2:32.83	2:35.00	471	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
200 Individual Medley	2:38.38	2:40.90	455	16/12/18	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE182389	3
400 Individual Medley	5:41.21	5:46.30	437	16/06/18	Alton & District Club Championship	Alton	SE181290	4
100 Individual Medley	1:19.53	1:19.50	358	16/06/18	Alton & District Club Championship	Alton	SE181290	4