

# Individual Best Times (All Time)

Grace Gidman - (782813) - University of Aberdeen Performan

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.29	29.60	473	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	NE170151	1
100 Freestyle	1:03.43	1:02.10	541	28/04/18	2018 SENW Summer Championships	Manchester	NW180832	1
200 Freestyle	2:15.48	2:12.90	577	14/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
400 Freestyle	4:42.21	4:37.20	580	04/02/17	Lancashire County Championships	Manchester	NW170200	1
800 Freestyle	9:49.08	9:39.20	557	24/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
50 Breaststroke	34.38	33.50	610	28/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
100 Breaststroke	1:13.77	1:12.00	656	01/04/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
200 Breaststroke	2:39.97	2:36.60	635	29/04/17	ASA North West Region Summer Championships	Manchester	NW170270	1
50 Butterfly	31.74	31.10	455	05/02/17	Lancashire County Championships	Manchester	NW170200	1
100 Butterfly	1:07.04	1:05.90	566	14/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
200 Butterfly	2:29.90	2:27.80	536	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
50 Backstroke	45.17	44.70	210	19/03/11	Cheshire County Championships	Stockport	CC1076	1
100 Backstroke	1:16.93	1:15.90	413	25/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
200 Backstroke	2:39.34	2:37.20	461	26/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
200 Individual Medley	2:26.07	2:23.30	643	29/04/18	2018 SENW Summer Championships	Manchester	NW180832	1
400 Individual Medley	5:10.99	5:05.30	624	29/04/17	ASA North West Region Summer Championships	Manchester	NW170270	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.99	29.70	494	16/03/19	Wirral Metro Spring Meet	Birkenhead	NW190091	3
100 Freestyle	1:02.48	1:03.80	520	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
200 Freestyle	2:11.40	2:14.00	591	21/01/18	CHESHIRE COUNTY CHAMPIONSHIPS 2018	Macclesfield	NW180236	2
400 Freestyle	4:38.97	4:44.00	569	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
800 Freestyle	9:42.08	9:51.90	551	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
50 Breaststroke	33.81	34.70	590	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
100 Breaststroke	1:12.69	1:14.40	631	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
200 Breaststroke	2:34.36	2:37.70	662	22/11/16	Stockport Metro November Open Meet	Stockport	NW160710	2
50 Butterfly	30.39	31.00	516	18/09/21	Derek Taylor Memorial Gala 2021	Stoke on Trent	WM210342	3
100 Butterfly	1:04.63	1:05.80	584	15/11/19	Stockport Metro November SC Open Meet	Grand Central Pools	NW192983	2
200 Butterfly	2:24.59	2:26.80	566	07/03/20	Wirral Metro Spring Development Meet	Birkenhead	NW200162	3
50 Backstroke	36.00	36.60	345	11/07/15	Wirral Metro Summer Open Meet	Birkenhead	NW150166	3
100 Backstroke	1:12.51	1:13.60	433	30/09/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
200 Backstroke	2:32.21	2:34.40	477	16/03/19	Wirral Metro Spring Meet	Birkenhead	NW190091	3
200 Individual Medley	2:22.77	2:25.50	621	04/02/18	CHESHIRE COUNTY CHAMPIONSHIPS 2018	Macclesfield	NW180238	2
400 Individual Medley	4:58.14	5:04.00	655	03/02/18	CHESHIRE COUNTY CHAMPIONSHIPS 2018	Macclesfield	NW180238	2
100 Individual Medley	1:07.42	1:07.40	588	18/11/17	Stockport Metro November Meet 2017	Stockport	NW172023	2