

# Individual Best Times (All Time)

Marise Garbutt - (780512) - Armthorpe & District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.97	29.30	488	07/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
100 Freestyle	1:07.15	1:05.90	456	23/07/17	City of Sheffield Summer Meet	Sheffield	NE170250	3
200 Freestyle	2:18.81	2:16.30	537	08/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200184	1
400 Freestyle	4:54.05	4:49.20	512	02/02/19	Yorkshire County Championships	Leeds	NE190127	1
800 Freestyle	10:20.19	10:10.80	477	14/04/17	City of Leeds National Qualifier 2017	Leeds	NE170153	1
50 Breaststroke	35.89	35.00	536	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Breaststroke	1:20.97	1:19.40	496	26/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth	SW180556	1
200 Breaststroke	2:54.09	2:51.00	493	08/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200184	1
50 Butterfly	31.46	30.90	468	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Butterfly	1:18.21	1:17.20	356	19/03/17	City of Cardiff Tiger Bay Open Meet 2017	Cardiff	WL170098	3
200 Butterfly	2:56.89	2:55.10	326	19/03/17	City of Cardiff Tiger Bay Open Meet 2017	Cardiff	WL170098	3
50 Backstroke	33.32	32.70	523	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Backstroke	1:11.42	1:10.30	517	01/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200183	1
200 Backstroke	2:31.36	2:29.10	538	04/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
200 Individual Medley	2:30.64	2:28.00	586	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
400 Individual Medley	5:10.21	5:04.50	629	05/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.20	29.90	484	07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
100 Freestyle	1:02.70	1:04.00	514	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Freestyle	2:14.83	2:17.40	547	16/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
400 Freestyle	4:46.00	4:50.90	528	01/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
800 Freestyle	9:54.06	10:03.70	519	18/11/18	Doncaster Dartes Distance Trials	Adwick	NE182247	4
50 Breaststroke	35.19	36.10	523	01/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
100 Breaststroke	1:17.78	1:19.40	515	02/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
200 Breaststroke	2:48.36	2:51.50	510	15/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
50 Butterfly	31.97	32.60	443	02/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
100 Butterfly	1:11.45	1:12.50	432	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Butterfly	2:33.77	2:35.80	470	16/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
50 Backstroke	32.72	33.30	459	02/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
100 Backstroke	1:08.71	1:09.90	509	07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
200 Backstroke	2:26.88	2:29.10	531	15/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
200 Individual Medley	2:25.96	2:28.60	581	07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
400 Individual Medley	5:06.46	5:12.10	603	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
100 Individual Medley	1:09.35	1:09.30	541	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3