

Individual Best Times (All Time)

Rebecca Moore - (780017) - Preston Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.07	30.40	438	09/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Freestyle	1:07.77	1:06.50	444	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Freestyle	2:26.26	2:23.90	459	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
50 Breaststroke	38.71	37.90	427	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Breaststroke	1:24.13	1:22.60	442	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Breaststroke	3:01.32	2:58.40	436	16/03/13	Lancashire County Championships	Liverpool	CC3062	1
50 Butterfly	34.19	33.60	364	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Butterfly	1:15.92	1:14.90	390	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	NWR306	1
200 Butterfly	2:48.13	2:46.20	380	17/03/13	Lancashire County Championships	Liverpool	CC3062	1
200 Individual Medley	2:42.95	2:40.50	463	16/03/13	Lancashire County Championships	Liverpool	CC3062	1
400 Individual Medley	5:47.63	5:42.50	447	17/03/13	Lancashire County Championships	Liverpool	CC3062	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.86	31.50	410	26/10/13	North Lancashire SWPA Level 3 Meet	Blackpool	NW3684	3
100 Freestyle	1:06.84	1:08.10	424	03/02/13	North Lancashire AG & Youth Champs	Blackpool	NW3161	3
200 Freestyle	2:24.66	2:27.00	443	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	NW3330	3
50 Breaststroke	37.84	38.70	421	29/04/17	Blackpool Rocks 2017	Blackpool	NW170320	3
100 Breaststroke	1:21.29	1:22.80	451	02/02/13	North Lancashire AG & Youth Champs	Blackpool	NW3161	3
200 Breaststroke	2:54.44	2:57.40	459	02/02/13	North Lancashire AG & Youth Champs	Blackpool	NW3161	3
50 Butterfly	33.79	34.30	375	15/12/12	Preston SC Christmas Countdown Open Meet	Darwen	NW2511	3
100 Butterfly	1:14.40	1:15.40	383	20/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Butterfly	2:43.64	2:45.60	390	20/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
50 Backstroke	36.99	37.50	318	16/06/12	Preston Guild Summer Open	Preston	NW2193	3
100 Backstroke	1:17.62	1:18.60	353	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Backstroke	2:43.97	2:46.00	381	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Individual Medley	2:40.59	2:43.00	436	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
400 Individual Medley	5:49.09	5:54.10	408	14/10/12	Preston SC Club Championships	Preston	NW2723	4
100 Individual Medley	1:16.18	1:16.20	408	15/12/12	Preston SC Christmas Countdown Open Meet	Darwen	NW2511	3