

Individual Best Times (All Time)

Jack Rogers - (779645) - Truro City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.86	25.00	528	04/11/17	ASA SWR LC Winter Championships	Millfield	SW171934	1
1500 Freestyle	22:50.64	22:35.50	256	19/01/13	ASA South West Region Open Meet	Plymouth	SW3203	1
50 Breaststroke	31.63	30.60	552	04/11/17	ASA SWR LC Winter Championships	Millfield	SW171934	1
100 Breaststroke	1:12.13	1:10.40	490	05/11/17	ASA SWR LC Winter Championships	Millfield	SW171934	1
200 Breaststroke	2:45.88	2:42.70	432	29/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1
50 Butterfly	30.13	29.50	403	02/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
50 Backstroke	30.55	29.90	458	29/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1
100 Backstroke	1:06.27	1:05.00	472	04/11/17	ASA SWR LC Winter Championships	Millfield	SW171934	1
200 Backstroke	2:31.42	2:29.20	403	03/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
200 Individual Medley	2:24.43	2:21.70	491	29/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.21	26.00	511	20/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170956	2
100 Freestyle	55.63	57.10	523	22/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170956	2
200 Freestyle	2:08.38	2:11.10	463	04/03/15	Cornwall County Championships	Penzance	CC150364	2
400 Freestyle	4:36.76	4:41.80	451	22/10/16	Walkers Tigers Annual Autumn Open Meet 2016	St Brelade	SE160837	2
50 Breaststroke	31.06	32.10	518	20/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170956	2
100 Breaststroke	1:08.12	1:09.90	534	09/12/17	NSL Western Division 1 Final	Newport	WL172608	3
200 Breaststroke	2:36.81	2:40.10	449	02/10/17	Truro City Club Championships Autumn 2017	Truro	SW171636	4
50 Butterfly	28.16	28.80	460	02/07/17	ASA SWR Fast 5 Competition	Gloucester	SW170198	3
100 Butterfly	1:05.98	1:07.10	379	21/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170957	3
200 Butterfly	2:53.51	2:55.30	233	27/09/15	Truro City Club Distance Championships	Truro	SW151760	4
50 Backstroke	29.35	30.00	427	02/07/17	ASA SWR Fast 5 Competition	Gloucester	SW170198	3
100 Backstroke	1:03.35	1:04.60	444	22/02/17	Cornwall County Championships	Bodmin	SW170016	2
200 Backstroke	2:19.28	2:21.70	436	19/02/17	Cornwall County Championships	Penzance	SW170013	2
200 Individual Medley	2:18.87	2:21.70	491	22/02/17	Cornwall County Championships	Bodmin	SW170016	2
400 Individual Medley	5:10.60	5:16.20	432	05/03/15	Cornwall County Championships	Bodmin	CC150365	2
100 Individual Medley	1:02.29	1:02.30	495	02/07/17	ASA SWR Fast 5 Competition	Gloucester	SW170198	3