

Individual Best Times (All Time)

Isabel Ward - (779373) - Skipton Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.64	33.30	346	18/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
100 Freestyle	1:10.12	1:11.30	368	02/04/16	Spa Town Meet	Harrogate	NE160247	3
200 Freestyle	2:32.63	2:34.90	377	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
400 Freestyle	5:17.53	5:21.90	386	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
50 Breaststroke	48.78	49.40	196	09/11/13	Harrogate District SC Annual Autumn Meet	Harrogate	NE3543	3
50 Butterfly	36.40	36.90	300	02/04/16	Spa Town Meet	Harrogate	NE160247	3
100 Butterfly	1:21.49	1:22.40	291	03/04/16	Spa Town Meet	Harrogate	NE160247	3
50 Backstroke	39.45	40.00	262	13/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
100 Backstroke	1:25.81	1:26.70	261	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
200 Individual Medley	2:58.35	3:00.60	318	25/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
100 Individual Medley	1:30.52	1:30.50	243	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3