

# Individual Best Times (All Time)

Chloe O'Hara - (776916) - Cumbernauld ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.42	29.70	467	05/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
100 Freestyle	1:06.44	1:05.20	471	11/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
200 Freestyle	2:10.72	2:08.00	643	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
400 Freestyle	4:48.27	4:43.40	544	11/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
50 Breaststroke	36.69	35.80	502	06/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
100 Breaststroke	1:20.47	1:18.90	506	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
200 Breaststroke	3:00.74	2:57.80	440	07/03/14	Scottish School Swimming Championships	South Lanarkshire	SCO816	1
50 Backstroke	52.77	52.40	131	07/02/09	City of Glasgow Graded Mt	Tollcross	SCO342	2

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.73	29.40	508	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
100 Freestyle	1:03.59	1:04.90	493	02/11/14	SASA West District SAG Championships	Ayr	SCO894	1
200 Freestyle	2:14.81	2:17.40	547	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
400 Freestyle	4:40.60	4:45.60	560	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
50 Breaststroke	36.32	37.20	476	06/09/14	2014 SASA West District SC SR Championships	Bellshill	SCO878	2
100 Breaststroke	1:18.78	1:20.40	495	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Breaststroke	2:49.25	2:52.30	502	26/09/15	Scottish National Team Championships 2015	Glasgow	SCO1023	1
100 Butterfly	1:19.18	1:20.10	318	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
100 Backstroke	1:16.19	1:17.20	373	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
200 Backstroke	3:11.75	3:13.50	238	18/06/11	Cumbernauld Open Age Group Meet	Cumbernauld	SCO530	2
200 Individual Medley	2:38.45	2:40.90	454	30/11/14	Cumbernauld Winter Open Meet	Cumbernauld	SCO915	2
100 Individual Medley	1:12.12	1:12.10	481	07/09/14	2014 SASA West District SC SR Championships	Bellshill	SCO878	2