

Individual Best Times (All Time)

Zoe Nicholls - (776832) - Croydon Amphibians SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.39	29.70	468	01/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
100 Freestyle	1:10.35	1:09.10	397	12/05/13	Beckenham SC International Open Meet	Crystal Palace	LR3301	1
200 Freestyle	2:43.66	2:41.50	327	12/05/12	Beckenham International Open Meet	London	LR2276	1
50 Butterfly	33.03	32.50	404	14/07/13	London ASA Sprint Meet	Crystal Palace	LR3276	3
50 Backstroke	34.66	34.10	465	14/07/13	London ASA Sprint Meet	Crystal Palace	LR3276	3
100 Backstroke	1:16.58	1:15.50	419	12/05/13	Beckenham SC International Open Meet	Crystal Palace	LR3301	1
200 Backstroke	2:48.78	2:46.80	388	27/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	LR2094	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.55	31.20	422	04/10/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
100 Freestyle	1:08.75	1:10.00	390	10/02/13	Atlantis SC 2013 Regional National Chaser	Horsham	SE3071	2
200 Freestyle	2:33.37	2:35.60	372	29/09/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
50 Breaststroke	41.22	42.00	326	04/10/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
100 Breaststroke	1:28.75	1:30.20	346	06/04/13	Croydon Borough SA Annual Championships	South Croydon	LR3262	4
200 Breaststroke	3:12.69	3:15.40	340	19/05/13	Croydon Borough SA Annual Championships	South Croydon	LR3262	4
50 Butterfly	34.32	34.90	358	11/01/15	Croydon Amphibians Winter County Chaser 2015	Croydon	LR150021	3
100 Butterfly	1:19.61	1:20.60	312	14/04/12	Croydon Borough Championships	Croydon	LR2278	4
50 Backstroke	33.82	34.40	416	14/09/13	Brighton Ken Deeley 50m Sprint Meet	Brighton	SE3596	3
100 Backstroke	1:15.40	1:16.50	385	19/05/13	Croydon Borough SA Annual Championships	South Croydon	LR3262	4
200 Backstroke	2:46.96	2:48.90	361	25/03/12	Atlantis Regional-National Chaser Open	Horsham	SE2233	2
200 Individual Medley	2:43.08	2:45.50	417	06/04/13	Croydon Borough SA Annual Championships	South Croydon	LR3262	4
400 Individual Medley	6:15.16	6:19.80	328	02/10/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
100 Individual Medley	1:17.48	1:17.50	387	17/03/13	Surrey County Championships	Guildford	CC3041	2