

Individual Best Times (All Time)

Ciaran Jarvis - (776646) - Worsley SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 28.58 | 27.80 | 391 | 31/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160230 | 1 |
| 100 Freestyle | 1:01.31 | 59.90 | 446 | 31/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160230 | 1 |
| 200 Freestyle | 2:16.35 | 2:13.80 | 418 | 07/05/16 | Rotherham Metro Level One Long Course Meet | Sheffield | NE160174 | 1 |
| 400 Freestyle | 4:48.51 | 4:43.60 | 443 | 31/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160230 | 1 |
| 50 Breaststroke | 38.58 | 37.80 | 304 | 19/02/17 | City of Liverpool Splash & Dash | Liverpool | NW170202 | 3 |
| 100 Breaststroke | 1:26.07 | 1:24.60 | 288 | 03/10/15 | Sherwood Colliery The Robin Hood Open Meet | Sheffield | EM150963 | 3 |
| 200 Breaststroke | 3:09.36 | 3:06.50 | 290 | 17/01/15 | Rotherham Metro A & B Grade LC Meet | Sheffield | NE150075 | 3 |
| 50 Butterfly | 42.47 | 42.00 | 144 | 16/11/13 | Sheffield City 25th B Grade Meet | Sheffield | NE3415 | 3 |
| 50 Backstroke | 32.80 | 32.20 | 370 | 25/03/16 | City of Sheffield Swim Squad Premier Meet | Sheffield | NE160210 | 1 |
| 100 Backstroke | 1:09.56 | 1:08.40 | 408 | 23/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160229 | 1 |
| 200 Backstroke | 2:32.68 | 2:30.50 | 393 | 07/05/16 | Rotherham Metro Level One Long Course Meet | Sheffield | NE160174 | 1 |
| 200 Individual Medley | 2:32.59 | 2:30.00 | 417 | 24/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160229 | 1 |
| 400 Individual Medley | 6:46.90 | 6:42.50 | 211 | 14/04/12 | Radford SC 30th Open Meet | Sheffield | EM2132 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 27.74 | 28.50 | 383 | 20/11/21 | BUCS Short Course Swimming | Sheffield | NE210935 | 2 |
| 100 Freestyle | 1:01.08 | 1:02.40 | 395 | 05/03/16 | Greater Manchester Age Group Meet 2016 | Wigan | NW160084 | 3 |
| 200 Freestyle | 2:13.62 | 2:16.20 | 411 | 02/10/16 | Greater Manchester Autumn Meet 2016 | Wigan | NW160335 | 3 |
| 400 Freestyle | 4:47.10 | 4:51.90 | 404 | 18/09/15 | City of Salford Club Championships 2015 | Salford | NW150754 | 4 |
| 50 Breaststroke | 36.95 | 37.80 | 307 | 02/04/16 | City of Salford Regionals Last Chance Saloon | Salford | NW160593 | 3 |
| 100 Breaststroke | 1:23.01 | 1:24.50 | 295 | 15/10/16 | Greater Manchester Autumn Meet 2016 | Wigan | NW160336 | 3 |
| 200 Breaststroke | 2:52.00 | 2:55.00 | 340 | 01/10/16 | Greater Manchester Autumn Meet 2016 | Wigan | NW160335 | 3 |
| 50 Butterfly | 33.67 | 34.20 | 269 | 15/10/16 | Greater Manchester Autumn Meet 2016 | Wigan | NW160336 | 3 |
| 100 Butterfly | 1:19.59 | 1:20.50 | 216 | 01/02/15 | Greater Manchester Age Group Meet 2015 | Wigan | NW150008 | 3 |
| 50 Backstroke | 31.50 | 32.10 | 345 | 20/11/21 | BUCS Short Course Swimming | Sheffield | NE210935 | 2 |
| 100 Backstroke | 1:09.33 | 1:10.50 | 338 | 20/03/16 | Greater Manchester Age Group Meet 2016 | Wigan | NW160085 | 3 |
| 200 Backstroke | 2:25.15 | 2:27.40 | 385 | 06/03/16 | Greater Manchester Age Group Meet 2016 | Wigan | NW160084 | 3 |
| 200 Individual Medley | 2:28.60 | 2:31.20 | 401 | 02/04/16 | City of Salford Regionals Last Chance Saloon | Salford | NW160593 | 3 |
| 400 Individual Medley | 6:01.25 | 6:06.10 | 274 | 11/01/14 | Greater Manchester Clubs Age Groups | Manchester | NW4001 | 3 |
| 100 Individual Medley | 1:50.06 | 1:50.10 | 89 | 05/12/10 | Bolton Metro Christmas Meet | Manchester | NW0577 | 3 |