

Individual Best Times (All Time)

Max Nugent - (776294) - Kingston Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.45	23.60	625	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Freestyle	53.01	51.40	690	02/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Freestyle	2:32.30	2:30.00	300	26/10/13	3 Towers Open Meet	Millfield	SW3627	3
1500 Freestyle	20:12.58	19:55.40	370	01/03/15	Hampshire County ASA Championships	Portsmouth	CC150864	1
50 Breaststroke	35.38	34.50	394	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
50 Butterfly	26.30	25.60	607	04/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Butterfly	57.48	56.10	636	01/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Butterfly	3:30.09	3:28.60	144	12/06/11	BG South East Region Age Group Championshi	Crawley	SER114	1
50 Backstroke	29.65	29.00	501	18/03/18	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE180085	1
100 Backstroke	1:03.86	1:02.60	527	18/03/18	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE180085	1
200 Backstroke	2:33.40	2:31.20	388	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
200 Individual Medley	2:26.72	2:24.00	469	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.12	25.00	583	07/10/20	Guildford City SC	Guildford	LEX017	0
100 Freestyle	51.56	53.10	657	20/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
200 Freestyle	2:08.19	2:10.90	465	24/09/17	Littlehampton County Qualifier 2017	Arun	SE170884	3
400 Freestyle	5:45.01	5:49.10	232	15/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	SW2649	2
50 Breaststroke	33.90	34.80	398	07/10/20	Guildford City SC	Guildford	LEX017	0
200 Breaststroke	3:45.99	3:48.30	150	03/12/11	Havant & Waterlooville Peter Bull Meet	Waterlooville	SE1643	3
50 Butterfly	25.48	26.20	621	02/02/22	University of Surrey League Gala	Guildford	SE220527	4
100 Butterfly	57.65	58.90	569	10/12/22	National Arena Swimming League South 2022 - R3	Maidenhead	SE222473	3
200 Butterfly	2:33.23	2:35.30	339	24/09/17	Littlehampton County Qualifier 2017	Arun	SE170884	3
50 Backstroke	28.59	29.30	462	07/10/20	Guildford City SC	Guildford	LEX017	0
100 Backstroke	1:02.51	1:03.80	462	10/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	SE171135	3
200 Backstroke	2:27.23	2:29.50	369	29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	SW152066	2
200 Individual Medley	2:23.10	2:25.80	449	11/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	SE171135	3
100 Individual Medley	1:04.17	1:04.20	452	29/10/17	Hart Autumn Level 3 Open Meet	Hart	SE171517	3