

Individual Best Times (All Time)

Willem Koster - (775935) - Leeds University Aquatics SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.43	24.60	555	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
100 Freestyle	56.18	54.70	580	27/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
200 Freestyle	1:57.53	1:54.50	653	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
400 Freestyle	4:11.17	4:05.50	672	15/03/20	2020 London Region Spring Open Meet	London	LR200423	1
1500 Freestyle	17:10.01	16:49.80	604	08/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
50 Breaststroke	32.60	31.60	504	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Breaststroke	1:19.54	1:17.90	365	15/04/17	Team Luton April Long Course Meet 2017	Luton	ER170348	1
200 Breaststroke	2:45.55	2:42.30	435	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Butterfly	28.40	27.70	482	26/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
100 Butterfly	1:03.11	1:01.90	481	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Butterfly	2:23.65	2:21.40	453	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
50 Backstroke	29.22	28.50	523	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
100 Backstroke	1:00.57	59.20	618	25/07/18	British Summer Championships	Sheffield	BSW006	1
200 Backstroke	2:11.17	2:08.60	621	08/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
200 Individual Medley	2:16.17	2:13.30	586	22/02/19	McCullagh International Meet	Bangor	GBR950	1
400 Individual Medley	4:40.95	4:34.60	643	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.47	25.30	559	29/05/21	Dulwich Dolphins	Alleyns School	LEX1853	0
100 Freestyle	53.93	55.50	574	30/05/21	Dulwich Dolphins	Alleyns School	LEX1856	0
200 Freestyle	1:53.08	1:56.10	678	11/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
400 Freestyle	4:05.27	4:10.90	648	10/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
800 Freestyle	8:40.34	8:51.30	618	16/06/18	Dulwich Dolphins Summer Club Champs	Dulwich	LR181704	4
1500 Freestyle	16:40.03	17:00.40	607	01/12/19	Dulwich Dolphins Winter Club Championships 2019	JAGs	LR193092	4
50 Breaststroke	29.76	30.80	589	10/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
100 Breaststroke	1:06.31	1:08.20	579	12/06/21	Dulwich Dolphins	Alleyns	LEX2511	0
200 Breaststroke	2:31.28	2:34.70	501	26/06/21	Dulwich Dolphins	Alleyns	LEX2520	0
50 Butterfly	27.32	28.00	504	30/05/21	Dulwich Dolphins	Alleyns School	LEX1856	0
100 Butterfly	1:00.98	1:02.20	481	09/11/19	Dulwich Dolphins Winter Club Championships 2019	JAGs	LR193090	4
200 Butterfly	2:11.88	2:14.20	531	19/06/21	Dulwich	Alleyns	LEX2515	0
50 Backstroke	27.90	28.60	497	12/06/21	Dulwich Dolphins	Alleyns	LEX2511	0
100 Backstroke	56.89	58.30	613	11/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
200 Backstroke	2:02.11	2:04.80	647	10/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
200 Individual Medley	2:04.03	2:07.20	690	10/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2
400 Individual Medley	4:35.50	4:41.80	619	26/06/21	Dulwich Dolphins	Alleyns	LEX2520	0
100 Individual Medley	57.46	57.50	630	11/07/21	Surrey Age Group Summer Meet 2021	Guildford	LR210267	2