

# Individual Best Times (All Time)

Luke Elliott - (775023) - South Lincs Competitive SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.55	25.80	488	22/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
100 Freestyle	56.88	55.40	559	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
200 Freestyle	2:00.53	1:57.60	606	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE150212	1
400 Freestyle	4:14.51	4:08.90	646	24/01/15	Burns Open Meet 2015	Sheffield	NE150087	1
1500 Freestyle	16:49.09	16:28.50	643	16/04/15	British Championships 2015	London	ASA139	1
50 Breaststroke	35.58	34.70	387	23/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
100 Breaststroke	1:17.96	1:16.30	388	22/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
200 Breaststroke	2:46.80	2:43.60	425	23/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
50 Butterfly	27.32	26.60	541	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
100 Butterfly	1:00.07	58.80	557	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Butterfly	2:11.51	2:09.10	590	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
50 Backstroke	28.11	27.40	588	26/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
100 Backstroke	1:00.28	58.90	627	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Backstroke	2:10.93	2:08.40	624	05/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
200 Individual Medley	2:15.79	2:12.90	591	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
400 Individual Medley	4:48.20	4:42.10	595	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.73	26.50	481	16/07/16	SLCSC Club Championships	Spalding	EM161237	3
100 Freestyle	54.87	56.40	545	17/07/16	SLCSC Club Championships	Spalding	EM161237	3
200 Freestyle	1:57.84	2:00.70	599	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
400 Freestyle	4:06.81	4:12.40	635	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
1500 Freestyle	16:13.00	16:33.90	659	14/02/15	Lincolnshire County ASA Swimming Championships	Grantham	CC150039	2
50 Breaststroke	34.13	35.00	390	16/07/16	SLCSC Club Championships	Spalding	EM161237	3
100 Breaststroke	1:12.98	1:14.70	434	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
200 Breaststroke	2:37.99	2:41.30	439	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
50 Butterfly	27.41	28.10	499	05/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
100 Butterfly	57.99	59.30	559	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
200 Butterfly	2:08.44	2:10.90	575	16/07/16	SLCSC Club Championships	Spalding	EM161237	3
50 Backstroke	27.22	27.90	535	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
100 Backstroke	58.21	59.60	572	05/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
200 Backstroke	2:07.56	2:10.10	567	08/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
200 Individual Medley	2:12.52	2:15.50	566	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
400 Individual Medley	4:36.44	4:42.70	612	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Individual Medley	1:02.02	1:02.00	501	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2