

Individual Best Times (All Time)

Ryan Murphy - (774428) - AquaJets Newcastle SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.20	28.50	367	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
100 Freestyle	1:06.58	1:05.30	348	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
200 Freestyle	2:41.19	2:39.00	253	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Breaststroke	43.52	42.80	212	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
100 Breaststroke	1:55.25	1:54.10	120	05/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3
200 Breaststroke	3:30.52	3:28.00	211	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Butterfly	48.07	47.70	99	23/09/12	City of Sheffield Teaspoon Gala	Sheffield	NE2146	3
50 Backstroke	35.16	34.60	300	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
100 Backstroke	1:19.53	1:18.50	273	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
200 Backstroke	3:28.45	3:26.80	154	06/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3
200 Individual Medley	2:55.66	2:53.40	273	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.19	28.90	365	09/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
100 Freestyle	1:03.48	1:04.80	352	09/10/16	Darlington Dander October Meet	Darlington	NE161166	3
200 Freestyle	2:24.43	2:26.80	325	10/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
400 Freestyle	5:07.81	5:12.30	327	10/10/15	Tynemouth ASC Autumn NER Qualifier	Tynemouth	NE151452	3
1500 Freestyle	20:58.87	21:15.20	304	09/10/15	Tynemouth ASC Autumn NER Qualifier	Tynemouth	NE151452	3
50 Breaststroke	39.03	39.80	261	20/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
100 Breaststroke	1:27.28	1:28.70	254	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Breaststroke	3:10.96	3:13.70	249	20/09/15	Richmond Dales Open Meet	Durham	NE150564	3
50 Butterfly	33.13	33.70	282	20/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
100 Butterfly	1:23.69	1:24.60	186	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Butterfly	3:09.23	3:10.90	180	16/05/15	Wear Valley May Level 3 Meet	Bishop Auckland	NE150261	3
50 Backstroke	32.38	33.00	318	10/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
100 Backstroke	1:11.08	1:12.20	314	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Backstroke	2:40.41	2:42.50	285	09/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
200 Individual Medley	2:45.84	2:48.20	288	16/05/15	Wear Valley May Level 3 Meet	Bishop Auckland	NE150261	3
100 Individual Medley	1:12.57	1:12.60	313	09/10/16	Darlington Dander October Meet	Darlington	NE161166	3