

Individual Best Times (All Time)

Lucas Lowery - (774422) - AquaJets Newcastle SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.47	23.60	623	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Freestyle	58.57	57.10	512	22/01/22	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE220033	3
200 Freestyle	2:28.74	2:26.40	322	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
50 Breaststroke	33.14	32.20	480	25/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	NE230254	1
100 Breaststroke	1:17.10	1:15.40	401	12/02/22	Northumberland & Durham SA County Championships 22	Sunderland	NE220163	1
200 Breaststroke	2:58.87	2:55.90	345	22/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
50 Butterfly	25.94	25.20	632	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Butterfly	1:03.38	1:02.20	474	26/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
200 Butterfly	2:48.83	2:46.90	279	22/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
50 Backstroke	27.53	26.80	625	04/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
100 Backstroke	1:01.89	1:00.60	579	16/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200405	1
200 Backstroke	2:28.74	2:26.50	426	28/06/14	Co of Leeds B Grade Meet	Leeds	NE14031	3
200 Individual Medley	2:37.30	2:34.80	380	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.59	24.50	624	11/12/22	Scottish National Short Course Meet 2022	Edinburgh	SCO1961	2
100 Freestyle	55.65	57.10	523	02/10/22	South Tyneside Swimming Club Autumn Meet 2022	Haven Point	NE221560	3
200 Freestyle	2:11.36	2:14.00	432	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3
400 Freestyle	4:50.46	4:55.30	390	28/03/15	North Tyneside Mad March Hare Extravaganza	Stanley	NE150372	3
50 Breaststroke	31.18	32.20	512	27/11/22	Tynemouth ASC Winter Gala 2022	North Shields	NE222298	3
100 Breaststroke	1:11.29	1:13.00	466	31/10/21	City of Sunderland Spooktacular 2021	Sunderland	NE210841	3
200 Breaststroke	2:44.83	2:48.00	387	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3
50 Butterfly	24.85	25.60	670	08/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Butterfly	1:01.19	1:02.40	476	22/04/17	South Tyneside Spring Meet	South Shields	NE170818	3
200 Butterfly	2:44.53	2:46.40	273	19/10/13	Tynemouth ASC Autumn Gala	Tynemouth	NE3828	3
50 Backstroke	25.68	26.40	638	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Backstroke	57.67	59.00	588	11/12/22	Scottish National Short Course Meet 2022	Edinburgh	SCO1961	2
200 Backstroke	2:19.71	2:22.10	432	17/10/15	City of Sunderland ASC Short Course Qualifier 2015	Sunderland	NE152193	2
200 Individual Medley	2:22.35	2:25.10	456	07/04/19	Portobello Mad March Meet	Mercat Gait Centre	SCO1642	2
100 Individual Medley	57.44	57.40	631	10/12/22	Scottish National Short Course Meet 2022	Edinburgh	SCO1961	2