

Individual Best Times (All Time)

Glenn Fowell - (77223) - Derby Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.28	26.50	450	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	BUC005	1
50 Breaststroke	32.27	31.30	520	23/02/13	BUCS Long Course 2013	Sheffield	BUC007	1
100 Breaststroke	1:14.58	1:12.90	443	23/02/14	BUCS Long Course 2014	Sheffield	BUC009	1
50 Backstroke	31.94	31.30	400	23/02/13	BUCS Long Course 2013	Sheffield	BUC007	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.87	27.60	422	20/03/10	Derbyshire County Champs	Derby	CC0124	2
100 Freestyle	55.14	56.60	537	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Freestyle	2:06.73	2:09.40	482	07/03/10	Derbyshire County Champs	Eckington	CC0123	2
50 Breaststroke	31.48	32.50	497	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Breaststroke	1:10.92	1:12.70	473	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Breaststroke	2:44.31	2:47.50	391	03/03/07	Derbyshire County Champs	Eckington	CC7088	2
50 Butterfly	31.22	31.80	338	08/03/09	Derbyshire County Champs	Eckington	CC9116	2
50 Backstroke	30.70	31.30	373	02/11/12	BUCS Swimming (25m) Championships 2012	Sheffield	BUC006	2
100 Backstroke	1:07.33	1:08.50	369	27/02/10	Derbyshire County Champs	Derby	CC0122	2
200 Individual Medley	2:24.00	2:26.70	441	03/11/12	BUCS Swimming (25m) Championships 2012	Sheffield	BUC006	2
100 Individual Medley	1:06.34	1:06.30	409	20/03/10	Derbyshire County Champs	Derby	CC0124	2