

# Individual Best Times (All Time)

Matthew Broughton - (771828) - City of Linc Pentaqua SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.17	24.30	573	29/07/17	British Summer Championships	Sheffield	BSW002	1
100 Freestyle	54.83	53.30	624	05/11/17	Midland Long Course Championships	Nottingham	EM172246	1
200 Freestyle	2:02.05	1:59.20	583	04/11/17	Midland Long Course Championships	Nottingham	EM172246	1
400 Freestyle	4:21.63	4:16.20	595	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
1500 Freestyle	19:10.47	18:52.40	433	19/04/15	Midlands Joint Swimming Distance Champs	Coventry	WM150726	1
50 Breaststroke	36.98	36.10	345	29/05/16	ASA East Midland Region Swimming Champs	Corby	EM160779	1
100 Breaststroke	1:13.07	1:11.30	471	27/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
200 Breaststroke	2:40.28	2:37.00	479	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
50 Butterfly	27.31	26.60	542	07/05/18	Swim England East Midland Championships 2018	Sheffield	EM180960	1
100 Butterfly	1:02.14	1:00.90	503	14/04/18	Swim England East Midland Championships 2018	Sheffield	EM180958	1
200 Butterfly	2:23.82	2:21.60	451	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	EM170475	1
50 Backstroke	29.50	28.80	508	29/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
100 Backstroke	1:02.37	1:01.10	566	05/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
200 Backstroke	2:38.81	2:36.70	350	11/04/15	Derventio Excel 9th Open Meet	Sheffield	EM150029	1
200 Individual Medley	2:17.69	2:14.80	567	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
400 Individual Medley	4:53.26	4:47.20	565	27/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.70	25.50	543	08/10/17	Swim England National County Team Div 2 Champs	Sheffield	ENG007	2
100 Freestyle	54.15	55.70	567	04/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
200 Freestyle	1:58.78	2:01.70	585	20/01/18	Lincolnshire County Championships 2018	Grantham	EM180022	2
400 Freestyle	4:15.85	4:21.30	570	21/01/18	Lincolnshire County Championships 2018	Grantham	EM180022	2
1500 Freestyle	16:47.95	17:08.20	593	29/11/17	City of Lincoln Pentaqua Club Last Chance Qualifie	Lincoln	EM172612	4
50 Breaststroke	33.53	34.50	412	07/10/17	City of Lincoln Pentaqua Club Championships	Lincoln	EM171778	4
100 Breaststroke	1:11.52	1:13.30	461	03/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
200 Breaststroke	2:34.51	2:37.90	470	26/11/16	Louth MeridianMeet	Louth	EM162104	3
50 Butterfly	27.37	28.10	501	04/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
100 Butterfly	1:01.46	1:02.70	469	20/01/18	Lincolnshire County Championships 2018	Grantham	EM180022	2
200 Butterfly	2:16.77	2:19.10	476	04/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
50 Backstroke	28.59	29.30	462	07/10/17	City of Lincoln Pentaqua Club Championships	Lincoln	EM171778	4
100 Backstroke	1:00.17	1:01.50	518	04/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
200 Backstroke	2:29.62	2:31.80	351	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield	EM150590	2
200 Individual Medley	2:12.48	2:15.40	566	03/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
400 Individual Medley	4:47.60	4:53.60	544	21/01/18	Lincolnshire County Championships 2018	Grantham	EM180022	2
100 Individual Medley	1:03.00	1:03.00	478	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2