

# Individual Best Times (All Time)

Dominic Redpath - (770464) - Fareham Nomads SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.47	28.80	357	01/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Freestyle	1:03.45	1:02.10	402	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1
400 Freestyle	4:50.39	4:45.50	435	02/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
50 Breaststroke	51.31	50.70	129	03/04/16	CP Sport National Swimming Championships	Nottingham	EM160192	3
100 Breaststroke	1:34.83	1:33.50	215	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Backstroke	1:16.17	1:15.10	310	04/08/18	Swim England National Summer Meet	Sheffield	ENG009	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.71	30.40	312	14/04/18	National Junior Para Swimming 2018	Southampton	DIS117	2
100 Freestyle	1:03.18	1:04.50	357	14/04/18	National Junior Para Swimming 2018	Southampton	DIS117	2
200 Freestyle	2:40.57	2:42.70	237	23/07/16	Fareham Nomads Level 3 Meet	Waterlooville	SE160727	3
400 Freestyle	4:49.28	4:54.10	394	18/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
50 Breaststroke	47.11	47.80	148	04/12/16	Tigersharks Last Chance Open Meet	Swindon	SW160122	3
100 Breaststroke	1:33.34	1:34.70	207	14/04/18	National Junior Para Swimming 2018	Southampton	DIS117	2
50 Backstroke	45.23	45.70	116	11/04/15	Tigersharks ASC Spring Open Meet 2015	Swindon	SW150067	3
100 Backstroke	1:16.46	1:17.50	252	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
200 Backstroke	3:11.09	3:12.80	168	25/09/16	Littlehampton County Qualifier	Littlehampton	SE161278	3