

# Individual Best Times (All Time)

Hannah Cooper - (769983) - Fareham Nomads SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:06.88	1:05.60	462	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Freestyle	2:22.57	2:20.10	495	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
400 Freestyle	5:01.13	4:56.40	477	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
800 Freestyle	9:43.57	9:33.60	573	17/01/20	Hampshire County Championships 2020	Portsmouth	SE200382	1
50 Breaststroke	34.21	33.30	619	09/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
100 Breaststroke	1:15.10	1:13.40	622	31/07/19	Swim England National Summer Meet	Sheffield	ENG014	1
200 Breaststroke	2:43.32	2:40.10	597	14/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
50 Butterfly	32.30	31.70	432	07/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
200 Backstroke	2:42.43	2:40.40	435	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Individual Medley	2:32.98	2:30.40	560	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
400 Individual Medley	5:20.89	5:15.40	568	08/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.25	30.00	481	17/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	SW192634	2
100 Freestyle	1:03.18	1:04.50	503	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
200 Freestyle	2:16.82	2:19.30	524	24/11/18	Atlantis Christmas Cracker 2018	Horsham	SE180992	3
400 Freestyle	4:54.59	4:59.30	484	29/09/18	Fareham Nomads Club Championships	Fareham	SE182056	4
800 Freestyle	9:34.43	9:44.40	574	10/11/19	Solent Network Long Distance Meet 2019	Mountbatten	SE193333	3
50 Breaststroke	33.62	34.50	600	29/09/19	Fareham Nomads Club Championships 2019	Portsmouth	SE192453	4
100 Breaststroke	1:12.83	1:14.50	627	02/11/19	Swim England South East Open Junior Championships	Portsmouth	SE192925	2
200 Breaststroke	2:38.95	2:42.20	606	16/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	SW192634	2
50 Butterfly	32.03	32.60	440	01/11/20	Fareham Nomads	Mountbatten Centre	LEX285	0
100 Butterfly	1:13.66	1:14.70	395	29/09/18	Fareham Nomads Club Championships	Fareham	SE182056	4
200 Butterfly	2:44.76	2:46.70	382	29/09/19	Fareham Nomads Club Championships 2019	Portsmouth	SE192453	4
50 Backstroke	35.31	35.90	365	22/07/18	Fareham Nomads Summer Meet 2018	Waterlooville	SE180127	3
100 Backstroke	1:14.03	1:15.10	407	30/09/18	Fareham Nomads Club Championships	Fareham	SE182056	4
200 Backstroke	2:36.19	2:38.30	441	03/12/17	Peter Bull Open Meet	Waterlooville	SE172366	3
200 Individual Medley	2:29.14	2:31.80	545	30/09/19	Fareham Nomads Club Championships 2019	Fareham	SE192454	4
400 Individual Medley	5:21.82	5:27.20	520	07/04/19	Swim Bournemouth Spring Level 2 Open Meet	Bournemouth	SW190483	2
100 Individual Medley	1:11.88	1:11.90	485	20/07/19	Fareham Nomads Summer Meet 2019	Waterlooville	SE190111	3