

Individual Best Times (All Time)

Anna Ross - (768566) - Newquay Cormorants SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.87	32.20	370	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.95	32.60	369	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	EM4357	3
100 Freestyle	1:10.79	1:12.00	357	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	EM4357	3
200 Freestyle	3:16.10	3:17.90	177	06/03/10	City of Peterborough Club	Peterborough	ER0143	4
50 Breaststroke	42.35	43.10	300	30/11/14	Three Shires Championships	Grantham	EM4568	3
100 Breaststroke	1:43.13	1:44.30	221	17/05/13	Melton Mowbray SC Club Championships	Melton Mowbray	EM3538	4
200 Breaststroke	3:37.56	3:40.00	236	15/06/13	Melton Mowbray SC Club Championships	Melton Mowbray	EM3538	4
50 Butterfly	36.28	36.80	303	30/11/14	Three Shires Championships	Grantham	EM4568	3
100 Butterfly	1:36.90	1:37.70	173	18/01/14	Melton Mowbray 4S Internal Gala	Melton Mowbray	EM4268	4
50 Backstroke	37.14	37.70	314	22/03/14	Melton Mowbray Club Sprint Champs	Melton Mowbray	EM4266	4
100 Backstroke	1:22.09	1:23.10	298	10/01/15	Melton Mowbray 4S Internal Gala Sprints	Melton Mowbray	EM150498	4
200 Backstroke	2:54.38	2:56.30	317	01/11/14	Melton Mowbray Distance Club Champs	Melton Mowbray	EM14413	4
200 Individual Medley	3:14.52	3:16.50	245	17/05/13	Melton Mowbray SC Club Championships	Melton Mowbray	EM3538	4
100 Individual Medley	1:20.34	1:20.30	348	04/10/14	Leicester Penguins Open Meet	Braunstone	EM4336	3