

Individual Best Times (All Time)

Amy Compton - (768132) - Wirral Metro SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.13	30.50	436	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Freestyle	1:05.60	1:04.30	489	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
200 Freestyle	2:20.98	2:18.50	512	02/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	NW160009	1
400 Freestyle	4:51.30	4:46.40	527	26/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
800 Freestyle	9:53.93	9:44.10	543	24/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
100 Breaststroke	1:36.52	1:35.20	293	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
50 Butterfly	33.70	33.10	380	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Butterfly	1:16.81	1:15.80	376	07/05/16	Manchester Open Meet 2016	Manchester	NW160171	1
200 Butterfly	2:43.66	2:41.70	412	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
100 Backstroke	1:22.74	1:21.80	332	25/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
200 Backstroke	2:58.36	2:56.50	329	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	NE3174	3
200 Individual Medley	2:44.54	2:42.10	450	26/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1
400 Individual Medley	5:35.94	5:30.70	495	25/02/17	Ulster Spring Qualifying Meet	Bangor	GBR459	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.99	30.70	446	07/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
100 Freestyle	1:04.56	1:05.80	471	11/07/15	Wirral Metro Summer Open Meet	Birkenhead	NW150166	3
200 Freestyle	2:15.15	2:17.70	543	19/03/17	Wirral Metro Development Meet	Birkenhead	NW170318	3
400 Freestyle	4:44.81	4:49.70	535	22/11/15	Stockport Metro November Meet 2015	Stockport	NW151137	2
800 Freestyle	9:36.56	9:46.50	567	28/01/17	Cheshire County Championships	Macclesfield	NW170241	2
50 Breaststroke	43.45	44.20	278	16/03/14	Cheshire County Championships	Macclesfield	CC4011	2
100 Breaststroke	1:26.11	1:27.60	379	28/01/17	Cheshire County Championships	Macclesfield	NW170241	2
200 Breaststroke	2:57.24	3:00.20	437	28/01/17	Cheshire County Championships	Macclesfield	NW170241	2
50 Butterfly	32.97	33.50	404	10/07/16	Wirral Metro Summer Meet 2016 (L3)	Birkenhead	NW160271	3
100 Butterfly	1:12.92	1:14.00	407	19/11/16	City of Liverpool County Qualifier 2016	Liverpool	NW161980	3
200 Butterfly	2:35.83	2:37.80	452	17/12/16	Wirral Metro Christmas Gala 2016 (L3)	Birkenhead	NW160275	3
50 Backstroke	37.72	38.20	299	15/09/15	Wirral Metro Club Championships 2015	Birkenhead	NW151381	4
100 Backstroke	1:23.81	1:24.80	280	20/12/14	Wirral Metro 2014 Level 3 Christmas Gala	Birkenhead	NW4586	3
200 Backstroke	2:38.88	2:41.00	419	18/03/17	Wirral Metro Development Meet	Birkenhead	NW170318	3
200 Individual Medley	2:36.71	2:39.20	470	10/07/16	Wirral Metro Summer Meet 2016 (L3)	Birkenhead	NW160271	3
400 Individual Medley	5:22.79	5:28.20	516	04/02/17	Cheshire County Championships	Macclesfield	NW170242	2
100 Individual Medley	1:15.83	1:15.80	413	18/12/16	Wirral Metro Christmas Gala 2016 (L3)	Birkenhead	NW160275	3