## **Individual Best Times (All Time)**

Benjamin Rosbottom - (767730) - Preston Swimming Club

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.40	37.00	169	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Freestyle	1:19.12	1:20.20	182	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150128	2
200 Freestyle	2:54.64	2:56.60	184	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
400 Freestyle	6:42.51	6:46.00	146	18/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
50 Breaststroke	45.36	46.10	166	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150128	2
100 Breaststroke	1:40.13	1:41.40	168	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
200 Breaststroke	3:35.60	3:38.00	173	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150128	2
50 Butterfly	39.14	39.60	171	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Butterfly	1:39.14	1:39.90	111	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
50 Backstroke	41.47	42.00	151	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Backstroke	1:28.16	1:29.10	164	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
200 Backstroke	3:04.31	3:06.10	188	29/11/14	Preston Club Championships	Preston	NW14635	4
200 Individual Medley	3:07.98	3:10.10	198	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Individual Medley	1:28.65	1:28.70	171	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2

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