

# Individual Best Times (All Time)

Georgia Folkard - (764324) - City of Norwich SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.06	29.40	484	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Freestyle	1:07.07	1:05.80	458	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
200 Freestyle	2:28.08	2:25.70	442	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	ER150079	3
50 Butterfly	32.39	31.80	429	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Butterfly	1:17.82	1:16.80	362	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
50 Backstroke	36.08	35.50	412	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Backstroke	1:17.86	1:16.80	399	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Backstroke	2:47.69	2:45.70	395	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
200 Individual Medley	2:47.37	2:45.00	427	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.10	30.80	442	07/12/14	ASA East Region Winter Championships	Luton	ERX432	2
100 Freestyle	1:04.76	1:06.00	467	02/03/14	Norfolk County Champs & AG Comp	Thetford	CC4108	2
200 Freestyle	2:24.30	2:26.70	446	07/03/15	Norfolk County Championships	Thetford	CC150391	2
400 Freestyle	4:59.67	5:04.30	459	21/02/15	Norfolk County Championships	Wymondham	CC150388	2
50 Breaststroke	41.00	41.80	331	01/03/15	Norfolk County Championships	Thetford	CC150389	2
100 Breaststroke	1:31.17	1:32.50	320	17/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
200 Breaststroke	3:36.42	3:38.90	240	11/03/12	Norfolk County Championships	Thetford	CC2081	2
50 Butterfly	31.88	32.50	447	09/03/14	Norfolk County Champs & AG Comp	Thetford	CC4109	2
100 Butterfly	1:15.64	1:16.60	364	07/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Butterfly	3:36.76	3:38.20	168	17/06/12	Norfolk County ASC Challenge Gala	Dereham	ER2439	3
50 Backstroke	34.59	35.20	388	07/03/15	Norfolk County Championships	Thetford	CC150391	2
100 Backstroke	1:15.14	1:16.20	389	08/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Backstroke	2:38.09	2:40.20	425	28/02/15	Norfolk County Championships	Thetford	CC150389	2
200 Individual Medley	2:40.63	2:43.10	436	01/03/15	Norfolk County Championships	Thetford	CC150389	2
100 Individual Medley	1:16.61	1:16.60	401	07/03/15	Norfolk County Championships	Thetford	CC150391	2