

Individual Best Times (All Time)

Rebecca Honeywell - (763719) - Thurrock Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.92	32.30	368	08/07/18	BWFSC SUMMER MEET LEVEL 3	LONDON	LR181256	3
200 Freestyle	2:34.38	2:32.10	390	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
50 Breaststroke	44.15	43.40	288	13/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
50 Butterfly	36.01	35.50	312	04/02/17	Essex Age Group Championships	London	ER170023	1
50 Backstroke	34.10	33.50	488	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Backstroke	1:15.56	1:14.50	436	16/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
200 Backstroke	2:42.99	2:40.90	431	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
200 Individual Medley	2:57.80	2:55.60	356	15/07/17	RTSC End of Season Meet 2017	London	LR170651	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.01	31.70	404	09/12/18	Thurrocks Last Chance County Qualifier	Grays	ER180665	3
100 Freestyle	1:07.57	1:08.80	411	09/12/18	Thurrocks Last Chance County Qualifier	Grays	ER180665	3
200 Freestyle	2:27.10	2:29.40	421	08/12/18	Thurrocks Last Chance County Qualifier	Grays	ER180665	3
400 Freestyle	6:11.74	6:15.50	240	12/05/13	Thurrock SC One Day Regional Meet	Thurrock	ER3289	3
50 Breaststroke	43.26	44.00	282	11/12/16	Thurrock Last Chance County Qualifier	Thurrock	ER160664	3
100 Breaststroke	1:35.45	1:36.80	278	01/04/17	Thurrock Essex & Regional Qualifier	Thurrock	ER170046	3
200 Breaststroke	3:53.45	3:55.70	191	11/01/14	Killerwhales last Chance County Qualifier	Grays	LR4069	3
50 Butterfly	35.14	35.70	333	08/12/18	Thurrocks Last Chance County Qualifier	Grays	ER180665	3
50 Backstroke	33.32	33.90	435	09/12/18	Thurrocks Last Chance County Qualifier	Grays	ER180665	3
100 Backstroke	1:14.06	1:15.10	407	15/06/19	Thurrock Summer Sprint Meet 2018	Grays	ER190110	3
200 Backstroke	2:36.89	2:39.00	435	06/04/19	Thurrock Essex & Regional Qualifier 2019	Thurrock	ER190014	3
200 Individual Medley	2:46.31	2:48.70	393	11/12/16	Thurrock Last Chance County Qualifier	Thurrock	ER160664	3
100 Individual Medley	1:26.67	1:26.70	277	20/06/15	Thurrock Summer Sprint Meet	Thurrock	ER150398	3