

# Individual Best Times (All Time)

Julian Greig - (762653) - Alton & District Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.72	36.10	184	11/03/12	Surrey County Championships	Guildford	CC2093	1
100 Freestyle	1:16.74	1:15.60	227	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
200 Freestyle	2:42.43	2:40.30	247	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	SE2588	1
400 Freestyle	4:38.09	4:33.00	495	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
1500 Freestyle	18:32.13	18:13.40	480	21/01/18	Hampshire County Championships 2018	Portsmouth	SE180160	1
50 Breaststroke	47.68	47.00	161	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
100 Breaststroke	1:50.97	1:49.80	134	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3
50 Backstroke	42.38	41.90	171	11/03/12	Surrey County Championships	Guildford	CC2093	1
100 Backstroke	1:30.94	1:30.00	182	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3
200 Backstroke	3:12.08	3:10.30	197	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
200 Individual Medley	2:48.67	2:46.30	308	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
400 Individual Medley	5:21.91	5:16.40	427	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.65	29.40	348	04/06/16	Alton District Club Championships	Alton	SE161428	4
100 Freestyle	1:02.15	1:03.50	375	17/09/16	Alton District Club Championships	Alton	SE161431	4
200 Freestyle	2:11.38	2:14.00	432	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
400 Freestyle	4:42.81	4:47.70	422	29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	SW152066	2
1500 Freestyle	18:05.91	18:24.70	474	09/10/17	Alton District Club Championships	Alton	SE171333	4
50 Breaststroke	40.64	41.40	231	17/09/16	Alton District Club Championships	Alton	SE161431	4
100 Breaststroke	1:26.16	1:27.60	264	04/06/16	Alton District Club Championships	Alton	SE161428	4
200 Breaststroke	2:54.51	2:57.50	326	13/11/16	Hampshire & Isle of Wight Schools SA Annual Gala	Waterlooville	SE162231	2
50 Butterfly	33.06	33.60	284	25/06/16	Alton District Club Championships	Alton	SE161429	4
100 Butterfly	1:14.57	1:15.60	263	17/09/16	Alton District Club Championships	Alton	SE161431	4
200 Butterfly	2:45.94	2:47.80	266	28/11/15	Alton & District SC Autumn Club Championships	Alton	SE151449	4
50 Backstroke	34.87	35.40	254	10/09/16	Alton District Club Championships	Alton	SE161430	4
100 Backstroke	1:09.77	1:10.90	332	09/12/17	NASLS - Round Three	Aldershot	SE172624	3
200 Backstroke	2:47.11	2:49.10	252	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	SE151195	3
200 Individual Medley	2:27.52	2:30.20	410	09/12/17	NASLS - Round Three	Aldershot	SE172624	3
400 Individual Medley	5:19.46	5:24.90	397	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
100 Individual Medley	1:14.02	1:14.00	295	10/09/16	Alton District Club Championships	Alton	SE161430	4