Individual Best Times (All Time)

Lizzie Campbell - (761402) - University Of Stirling

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|--------------------|--------------|----------|---------------------------------------|--------|---------|-------|
| 50 Freestyle | 36.01 | 35.40 | 281 | 13/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 100 Freestyle | 1:21.96 | 1:20.90 | 251 | 12/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 200 Freestyle | 2:54.35 | 2:52.30 | 271 | 13/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 50 Breaststroke | 46.74 | 46.10 | 242 | 13/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 200 Breaststroke | 3:07.78 | 3:04.90 | 393 | 23/07/16 | IAG Championships & Summer Open 2016 | Dublin | GBR381 | 1 |
| 50 Butterfly | 41.94 | 41.50 | 197 | 12/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 100 Butterfly | 1:37.53 | 1:36.70 | 184 | 13/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |
| 200 Individual Medley | 3:18.62 | 3:16.60 | 256 | 13/07/14 | Northampton Summer Festival Open Meet | Corby | EM4053 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|--------------------|--------------|----------|--|----------------------|----------|-------|
| 50 Freestyle | 29.76 | 30.50 | 457 | 19/11/22 | BUCS Short Course 2022-23 | Sheffield | NE222500 | 2 |
| 100 Freestyle | 1:13.43 | 1:14.60 | 320 | 21/03/15 | Lincolnshire County ASA Swimming Championships | Louth | CC150041 | 2 |
| 200 Freestyle | 2:38.26 | 2:40.40 | 338 | 07/03/15 | Lincolnshire County ASA Swimming Championships | Louth | CC150040 | 2 |
| 400 Freestyle | 5:46.93 | 5:51.00 | 296 | 23/11/14 | Grantham Winter Club Championships | Grantham | EM14091 | 4 |
| 800 Freestyle | 11:20.06 | 11:28.50 | 345 | 14/02/15 | Lincolnshire County ASA Swimming Championships | Grantham | CC150039 | 2 |
| 50 Breaststroke | 42.15 | 42.90 | 304 | 18/07/15 | Grantham Club Championships 2015 | Grantham | EM151257 | 4 |
| 100 Breaststroke | 1:33.28 | 1:34.60 | 298 | 08/03/15 | Lincolnshire County ASA Swimming Championships | Louth | CC150040 | 2 |
| 200 Breaststroke | 3:10.64 | 3:13.40 | 351 | 18/07/15 | Grantham Club Championships 2015 | Grantham | EM151257 | 4 |
| 50 Butterfly | 32.22 | 32.80 | 433 | 19/02/22 | 2022 SS West District SC Champs | Glasgow, Scotland | SCO1852 | 2 |
| 100 Butterfly | 1:21.91 | 1:22.80 | 287 | 07/03/15 | Lincolnshire County ASA Swimming Championships | Louth | CC150040 | 2 |
| 200 Butterfly | 2:32.13 | 2:34.20 | 486 | 19/02/22 | 2022 SS West District SC Champs | Glasgow, Scotland | SCO1852 | 2 |
| 50 Backstroke | 43.68 | 44.10 | 193 | 12/04/14 | Grantham Grand Prix Meet | Grantham | EM4059 | 3 |
| 100 Backstroke | 1:31.26 | 1:32.10 | 217 | 09/11/14 | Grantham Winter Club Championships | Grantham | EM14090 | 4 |
| 200 Backstroke | 3:13.58 | 3:15.30 | 231 | 23/11/14 | Grantham Winter Club Championships | Grantham | EM14091 | 4 |
| 200 Individual Medley | 2:53.63 | 2:55.90 | 345 | 18/07/15 | Grantham Club Championships 2015 | Grantham | EM151257 | 4 |
| 100 Individual Medley | 1:24.26 | 1:24.30 | 301 | 21/03/15 | Lincolnshire County ASA Swimming Championships | Louth | CC150041 | 2 |