

# Individual Best Times (All Time)

Sarika Nadkarni - (760921) - Tynemouth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.08	43.60	153	06/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3
50 Breaststroke	44.21	43.50	286	17/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
200 Breaststroke	4:09.99	4:07.90	166	14/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
50 Butterfly	41.35	40.90	206	31/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
100 Butterfly	2:04.91	2:04.30	87	14/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
50 Backstroke	41.05	40.60	280	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Backstroke	3:27.29	3:25.70	209	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.79	35.40	286	06/03/16	Tynemouth Club Championships	Tynemouth	NE160603	4
100 Freestyle	1:20.08	1:21.10	247	12/12/15	Tynemouth Club Championships	Tynemouth	NE150822	4
200 Freestyle	3:36.33	3:37.90	132	09/02/14	Tynemouth ASC Club Championships	Tynemouth	NE4065	4
400 Freestyle	8:22.76	8:25.60	97	01/07/13	Tynemouth ASC Time Trials	Tynemouth	NE3058	4
50 Breaststroke	42.79	43.50	291	20/03/16	North Tyneside Mad March Hare Extravaganza	Stanley	NE160153	3
100 Breaststroke	1:37.94	1:39.20	258	12/12/15	Tynemouth Club Championships	Tynemouth	NE150822	4
200 Breaststroke	3:45.31	3:47.70	213	02/11/14	Wear Valley Guy Fawkes Meet	Bishop Auckland	NE4303	3
50 Butterfly	38.87	39.40	246	10/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	NE160228	3
100 Butterfly	1:41.37	1:42.10	151	29/03/15	North Tyneside Mad March Hare Extravaganza	Stanley	NE150372	3
50 Backstroke	41.70	42.20	222	19/04/15	South Tyneside ASC Spring Meet	South Shields	NE150616	3
100 Backstroke	1:32.15	1:33.00	211	21/02/16	Derwentside ASC Development Meet 2016	Stanley	NE160099	3
200 Backstroke	3:27.98	3:29.60	187	19/10/14	Tynemouth ASC Autumn Gala	Tynemouth	NE14444	3
200 Individual Medley	3:39.80	3:41.60	170	16/03/14	Derwentside ASC Development Meet	Stanley	NE4136	3
100 Individual Medley	1:41.16	1:41.20	174	13/12/14	Tynemouth Club Championships	Tynemouth	NE14593	4