

Individual Best Times (All Time)

Owen Foster - (760901) - Tynemouth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.48	29.80	322	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170189	1
100 Freestyle	1:06.20	1:04.90	354	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
200 Freestyle	2:11.75	2:09.10	464	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170189	1
400 Freestyle	4:41.37	4:36.30	478	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
50 Breaststroke	38.01	37.20	318	22/05/16	ASANER Regional Championships 2016	Sheffield	NE160066	1
100 Breaststroke	1:18.63	1:17.00	378	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
200 Breaststroke	2:55.93	2:52.90	362	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
50 Butterfly	32.21	31.60	330	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
100 Butterfly	1:14.07	1:13.00	297	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Butterfly	2:29.73	2:27.60	400	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
50 Backstroke	39.42	38.90	213	06/02/16	Northumberland & Durham County Champs	Sunderland	NE160071	1
100 Backstroke	1:14.77	1:13.70	328	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170189	1
200 Backstroke	2:40.69	2:38.60	337	28/05/16	ASANER Regional Championships 2016	Sheffield	NE160067	1
200 Individual Medley	2:35.65	2:33.10	392	28/05/16	ASANER Regional Championships 2016	Sheffield	NE160067	1
400 Individual Medley	5:15.31	5:09.70	454	11/03/17	ESSA 67th National Inter-Divisiona Championships	Liverpool	NW170291	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.70	30.40	312	19/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
100 Freestyle	1:04.37	1:05.70	338	23/10/16	Middlesbrough Halloween Open Meet	Middlesbrough	NE161170	2
200 Freestyle	2:17.23	2:19.70	379	18/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
400 Freestyle	4:37.32	4:42.30	448	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
1500 Freestyle	18:44.87	19:03.10	426	21/10/16	Middlesbrough Halloween Open Meet	Middlesbrough	NE161170	2
50 Breaststroke	35.94	36.80	334	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Breaststroke	1:18.71	1:20.30	346	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
200 Breaststroke	2:46.48	2:49.60	376	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
50 Butterfly	33.95	34.50	262	22/10/16	Middlesbrough Halloween Open Meet	Middlesbrough	NE161170	2
100 Butterfly	1:10.60	1:11.70	309	19/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
200 Butterfly	2:36.21	2:38.20	320	23/10/16	Middlesbrough Halloween Open Meet	Middlesbrough	NE161170	2
50 Backstroke	35.22	35.80	247	19/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
100 Backstroke	1:12.81	1:13.90	292	17/12/16	Tynemouth Club Championships	Tynemouth	NE160606	4
200 Backstroke	2:36.42	2:38.50	307	24/04/16	Chester le Street Annual Club Gala	Chester-le-Street	NE160684	3
200 Individual Medley	2:51.83	2:54.10	259	12/07/15	Newcastle Swim Team Summer Gala	Tynemouth	NE151334	3
400 Individual Medley	5:23.09	5:28.50	383	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Individual Medley	1:14.73	1:14.70	286	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4